

## Salmon and cucumber bagel

### Ingredients

1 bagel

45g canned salmon, drained

6 cucumber slices

10g butter or margarine



### Method

1. Place the bagel on the chopping board and cut in half.
2. Thinly spread the margarine on each half of the bagel.
3. Place the canned salmon on the bottom half of the bagel and top with the cucumber slices.
4. Top with the other half of the bagel and cut in half.
5. Serve.

### Handy hints

Try different types of bagel such as multigrain, sesame or onion flavoured.

Experiment with different fillings, such as tuna, chicken, ham, hummus or egg.

Add other vegetables such as tomato, avocado, lettuce or sweetcorn.