



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap served with Rice (GLUTEN)	Sausage & Mash Potato With Gravy (GLUTEN, SO2)	Roast Gammon, Stuffing, Roast Pots & Gravy (GLUTEN, SO2)	Chicken Pizza Style Pasta & Garlic Bread (GLUTEN, CELERY, EGGS, MILK, SOYA)	Fish Cake or Salmon Fish Cakes & Chips (GLUTEN, FISH)
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with wedges (GLUTEN, SO2)	Sweet Potato & Vegetable Pie with Gravy (GLUTEN)	Vegetarian Sausage, Stuffing, Roast Potatoes & Gravy (GLUTEN, SO2)	Spanish Vegetable One Pot (MILK, EGG, SO2)	Homemade Cheese Omelette & Chips (EGG, MILK, SOYA)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Diced Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Pot	Orange Shortbread (GLUTEN, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Strawberry Flapjack (GLUTEN) Or Fruit Pot	Viennese Whirls (GLUTEN, SOYA) Or Fruit boat
Pasta Kitchen	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Grab 'n' Go	Cheese Layered Pasta Pot (GLUTEN, EGGS, MILK)	Pizza Wrap (GLUTEN, MILK)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)	Bacon Bun (GLUTEN, SESAME)	Tuna Mayo Layered Pasta Pot (GLUTEN, FISH, EGG)

Fresh Baked Jacket Potato with Choice of fillings
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Pick 'n' Mix Sandwich
Sandwich **(Wheat, Soya)**
Crudites Pot
Dessert
(See daily dessert allergen matrix)
available daily

Fresh Bread **(Wheat, Soya)**
Cheese & Crackers **(Milk, Gluten)**
Salad Selection, Fresh Fruit and Yoghurts **(Milk)**
available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese Pizza & Potato Wedges (GLUTEN, CELERY, MILK, SOYA, EGG)	Tuna Arrabiata Pasta (GLUTEN, CELERY, FISH)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (EGG, GLUTEN, MILK, SO2)	Roast Gammon, New Potato & Cauliflower Cheese (GLUTEN, MILK, SOYA)	Fish and Chips (GLUTEN, FISH)
Vegetarian Main Course	Spring Vegetable Pasta (GLUTEN, MILK)	Quorn Vegetable Curry & Rice (EGG, MUSTARD, SO2)	Spanish Vegetable Tortilla (EGGS, MILK)	Macaroni Cheese & Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
Vegetables	Beans & Sweetcorn	Savory Cabbage & Baton Carrots	Green Beans & Ring Carrots	Sweetcorn & Carrots	Garden Peas & Baked Beans
Dessert	Ginger Sponge with Cream (GLUTEN, EGG, MILK, SOYA) Or Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, SO2, SOYA, MILK) Or Fruit Pot	Beetroot Brownie (GLUTEN, MILK, EGG, SOYA) Or Fruit boat
Pasta Kitchen	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Grab 'n' Go	Cheese Layered Pasta Pot (GLUTEN, EGG, MILK)	Cheese & Bean Wrap (GLUTEN, MILK)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)	Tuna Melt Panini (GLUTEN, EGG, FISH, MILK, SESAME)	Tuna Mayo Layered Pasta Pot (GLUTEN, FISH, EGG)

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish), Beans available daily

Pick 'n' Mix Sandwich
Sandwich (Wheat, Soya)
Crudites Pot
Dessert
(See daily dessert allergen matrix)
available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk)
available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Naan Bread Pizza served with Potato Wedges (GLUTEN, MILK, CELERY)	Chinese Chicken Curry served with Boiled Rice (GLUTEN, SOYA, MUSTARD)	Roast of the Day served with a Yorkshire Pudding & Roast Potatoes (GLUTEN, MILK, EGG)	Beef Bolognese served with Wholemeal Pasta (GLUTEN)	Fish of the Day served with Chips and a Lemon Wedge (GLUTEN, FISH, MILK, MUSTARD)
Vegetarian Main Course	Green Cuisine Meatballs in a Homemade Tomato Sauce served with Spaghetti (GLUTEN, MILK)	Cheese and Red Pepper Quiche served with Boiled Potatoes (GLUTEN, EGG, MILK, SOYA, SO2)	Vegetarian Fillet served with a Yorkshire Pudding & Roast Potatoes (GLUTEN, MILK, EGG, SO2)	Vegetable Fajita's served with Mixed Salad (GLUTEN, CELERY, MILK)	Cheese whirl served with Chips (GLUTEN, EGG, MILK, SO2)
Vegetables	Beans & Sweetcorn	Diced Swede & Green Beans	Cauliflower & Carrots	Savoy Cabbage & Mashed Swede	Baked Beans & Green Beans
Dessert	Banna Muffin (GLUTEN, EGG, SOYA) Or Fruit Salad	Lemon Cake Drizzle (GLUTEN, EGG, MILK, SOYA) Or Fruit Boats	Chocolate Shortbread Biscuit (GLUTEN) Or Fruit Kebabs	Apricot Flapjack (GLUTEN) Or Fruit Salad	Strawberry Jelly topped with Mandarins Or Fruit Pots
Pasta Kitchen	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Grab 'n' Go	Cheese Layered Pasta Pot (GLUTEN, EGG, MILK)	Fish Finger Hot Dogs (GLUTEN, FISH, MILK, MUSTARD, SESAME)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)	Cheese and Ham Toastie (GLUTEN, MILK, SOYA)	Tuna Mayo Layered Pasta Pot (GLUTEN, FISH, EGG)

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Pick 'n' Mix Sandwich
Sandwich (Wheat, Soya)
Crudites Pot
Dessert
(See daily dessert allergen matrix)
available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk)
available daily

