

Spring Dairy Free Menu for Drove 2022









Monday











Tuesday








Wednesday

Thursday

Friday

Week One 28 February 21 March 25 April 16 May 13 June 4 July	Option 1	Lasagne and Garlic Bread 	Jerk Chicken with Rice 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Breaded Fish with Chips & Tomato Sauce	Beef Burger with Potato Wedges
	Option 2	Wholemeal Vegetable Pasta 	BBQ Quorn Fillet with Rice 	Vegan Sausage with Roast Potatoes & Gravy 	Vegan Mexican Roll with Chips & Tomato Sauce 	with Potato Wedges
	Option 3	Baked Potato wit, Beans or Tuna	Baked Potato with Beans or Tuna	Baked Potato wit Beans or Tuna	Baked Potato wit, Beans or Tuna	Vegetable Sticks (Crudité)
	Vegetables	Cauliflower Green Beans	Sweetcorn Mixed Peppers	Cabbage Broccoli	Peas Baked Beans	
	Dessert	Carrot & Courgette Cake	Apple & Raisin Flapjack 	Fresh Fruit	Orange & Cinnamon Cookie 	Peaches
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 7 March 28 March 2 May 23 May 20 June 11 July	Option 1	Chicken Tikka with 50/50 Rice  	Spaghetti Bolognese 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce	Tomato flat bread 
	Option 2	Vegetable Curry with 50/50 Rice 	Vegan Spaghetti Bolognese 	Roast Quorn, Roast Potatoes, Stuffing, & Gravy 	Vegan Sausage Hotdog with Chips 	
	Option 3	Baked Potato with Beans or Tuna	Baked Potato wit, Beans or Tuna	Baked Potato with, Beans or Tuna	Baked Potato wit, Beans or Tuna	Vegetable Sticks (Crudité)
	Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Peas Baked Beans	
	Dessert	Apple & Berry Crumble with	Lemon Drizzle Cake	Fresh Fruit	Chocolate & Beetroot Brownie with Chocolate Sauce 	Apple, & Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 14 March 4 April 9 May 6 June 27 June 18 July	Option 1	Cottage Pie	Chicken and Bean Casserole with 50/50 Rice  	Roast Turkey, Roast Potatoes & Gravy	Fish in Batter with Chips & Tomato Sauce	Sausage Roll with Potato wedges
	Option 2	Shepherdess Pie 		Vegetarian Wellington, Roast Potatoes & Gravy 		Vegan Burger with Potato Wedges 
	Option 3	Baked Potato wit, Beans or Tuna	Baked Potato wit, Beans or Tuna	Baked Potato wit, Beans or Tuna	Baked Potato wit, Beans or Tuna	Vegetable Sticks (Crudité)
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Peas Baked Beans	
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins 	Fresh Fruit & Station	Pineapple Loaf with	Chocolate Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Option 1	Lasagne and Garlic Bread #B39 #SD50	Jerk Chicken with Rice #C17 #SD84	Roast Chicken, Roast Potatoes, Stuffing & Gravy #C5 #SD7/ #SD82 #SD40 #SD107	Breaded Fish with Chips & Tomato Sauce #F7 #SD5 #SD14	Beef Burger with Potato Wedges #B5 #SD17 #SD6
	Option 2	Wholemeal Vegetable Pasta Bake #V16 #SD50	BBQ Quorn Fillet with Rice #V205 #SD84	Vegan Sausage with Roast Potatoes & Gravy #V182	Vegan Mexican Roll with Chips & Tomato Sauce #V161 #SD5	Cheese and Tomato Pinwheel with Potato Wedges #V40 #SD6
	Vegetables	Rainbow Slaw #SD92 Carrots #SD28	Sweetcorn #SD19 Mixed Peppers #SD26	Cabbage #SD35 Broccoli #SD20	Peas #SD18 Baked Beans #SD22	Vegetable Sticks (Crudit�) #SB10
	Dessert	Carrot & Courgette Cake with Custard #D174 #D2	Apple & Raisin Flapjack #D6	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie #D195	Peaches & Ice Cream #D166 #D13
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two	Option 1	Chicken Tikka with 50/50 Rice #C45 #SD84	Spaghetti Bolognese #B37 #SD8	Roast Chicken, Roast Potatoes, Stuffing & Gravy #C5 #SD7/ #SD82 #SD40 #SD107	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce #F6/F1 #SD5 #SD14	Chicken and Red Pepper Pizza #C40
	Option 2	Vegetable Curry with Rice #V108 #SD84	Vegan Spaghetti Bolognese #V169 #SD8	Roast Quorn, Roast Potatoes, Stuffing, & Gravy #V204 #SD7/ #SD82 #SD40 #SD107	Vegan Sausage Hot Dog with Potato Wedges #V182 #SD33 #SD6	Cheese & Tomato Pizza #V203
	Vegetables	Sweetcorn #SD19 Cauliflower #SD27	Mixed Peppers #SD26 Green Beans #SD24	Carrots #SD28 Peas #SD18	Peas #SD18 Baked Beans #SD22	Vegetable Sticks (Crudit�) #SB10
	Dessert	Apple & Berry Crumble with Ice Cream #D74 #D13	Lemon Drizzle Cake #D168	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce #D169 #D3	Apple, Cheese & Crackers #D4
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three	Option 1	Cottage Pie #B9	Chicken and Bean Casserole with 50/50 Rice #C78 #SD84	Roast Turkey, Roast Potatoes & Gravy #T1 #SD7/SD82 #SD107	Fish in Batter with Chips & Tomato Sauce #F3 #SD5 #SD14	Sausage Roll with Potato Wedges #P19 #SD6
	Option 2	Shepherdess Pie #V170	Macaroni Cheese #V11	Vegetable Wellington with Roast Potatoes & Gravy #V12 #SD7 #SD82 #SD107	Cheese & Red Pepper Frittata with Chips & Tomato Sauce #V24 #SD5	Vegan Burger in a Bun with Wedges & Tomato Sauce #V164 #SD17 #SD6 #SD14
	Vegetables	Green Beans #SD24 Carrots #SD28	Cauliflower Sweetcorn #SD19	Carrot #SD28 Broccoli #SD20	Peas #SD18 Baked Beans #SD22	Vegetable Sticks (Crudit�) #SB10

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