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		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 30 August 20 Sept 11 Oct 8 Nov 29 Nov 3 Jan 24 Jan 14 Feb	Option 1	Mediterranean Chicken Stew with Rice  	Beef Lasagne with Garlic Bread 	Roast Chicken with Stuffing, Roast Potatoes and Gravy	MSC Fishfingers/ Salmon Fish Fingers with Wedges	Beef Burger with Chips
	Option 2	Soya Spaghetti Bolognaise 	Tomato and Lentil Pasta with Garlic Bread 	Vegetable Wellington with Roast Potatoes and Gravy 	Broccoli and Cheese Pasta Bake	Cheese and Tomato Pin Wheel with Chips 
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Tomato Soup
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Baked Beans Garden Peas	Crudit�
	Dessert	Sticky Toffee Apple Crumble with Custard or Fruit or Yoghurt 	Chocolate and Mandarin Brownie , or Fruit or Yoghurt	Apple Cheese and Biscuits, or Fruit or Yoghurt	Oaty Cookie or Fruit or Yoghurt  	Spanish Cookie or Fruit or Yoghurt 

Week Two 6 Sept 27 Sept 18 Oct 15 Nov 6 Dec 10 Jan 31 Jan	Option 1	Chicken Tikka Masala with 50/50 Rice 	Macaroni Beef Pasta Bake 	Roast Turkey with Roast Potatoes and Gravy	MSC Breaded Fish with Wedges	BBQ Chicken Pizza with Chips
	Option 2	Vegetarian Lasagne	Wholemeal Vegetable Pasta Bake 	Roasted Quorn with Roast Potatoes and Gravy	Mexican Bean Roll with Wedges 	Cheese and Tomato Pizza with Chips 
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Tomato Soup
	Vegetables	Green Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Baked Beans Garden Peas	Crudit�
	Dessert	Pear Crumble with Custard or Fruit or Yoghurt 	Chocolate Shortbread or Fruit or Yoghurt 	Lemon Drizzle Cake or Fruit or Yoghurt	Peach Upside Down Cake or Fruit or Yoghurt	Apple Flapjack or Fruit or Yoghurt  

Week Three 13 Sept 4 Oct 1 Nov 22 Nov 13 Dec 17 Jan 7 Feb	Option 1	Spaghetti Bolognaise 	Sweet & Sour Chicken with Rice 	Roast Gammon, Roast Potatoes and Gravy	MSC Fish in Batter with Wedges	Sausage Roll with Chips
	Option 2	Shepherdess Pie with Gravy 	Macaroni Cheese	Mixed Vegetable Loaf with Roast Potatoes and Gravy	BBQ Quorn with Wedges	Vegan Sausage Hot Dog with Chips 
	Option 3	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Baked Potato with Cheese, Beans or Tuna	Tomato Soup
	Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Baked Beans Garden Peas	Crudit�
	Dessert	Rice Pudding with Mixed Berries or Fruit or Yoghurt	Chocolate Sponge with Chocolate Sauce or Fruit or Yoghurt	Pear and Raisin Upside Down Cake or Fruit or Yoghurt 	Apple Sponge and Custard or Fruit or Yoghurt	Pinwheel Cookie or Fruit or Yoghurt 

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.