

If you are bullied:-

Do: -

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to one of your buddies.
- Post your concern in the worry box.
- TELL SOMEONE

Don't: -

- Do what they say.
- Get angry or upset.
- Hit them.
- Think its your fault.
- Hide it.

What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying behaviour
- Let an adult know as soon as possible.
- Tell the person using bullying behaviour to stop if it is safe to do so.
- Don't stay silent or the bullying may keep happening.



The Principal, the governors and the staff will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying behaviour is allowed!
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.



Child Friendly

Anti - Bullying

Policy



Respect Trust

Caring

Resilience

Fairness Responsibility

Forgiveness Courage

Cooperation

Independence

What is bullying behaviour?

In our school bullying behaviour is when someone hurts someone more than once, by using behaviour that is meant to hurt, frighten or upset another person.

Bullying behaviour can be...

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting, pushing.

Verbal: Being teased, name calling.

Racist: Calling racist names, graffiti.

Online: saying unkind things by text, e-mail, social media and messaging apps.

When is it bullying behaviour?

Several

Times

On

Purpose

We promise to always listen and treat bullying behaviour seriously.

Who can I tell?

Tell someone

- A friend
- Someone at home
- Teacher
- School Friends
- Lunch time staff
- Any other adult
- Anti-Bullying ambassadors

