

Long Term Planning

Duke Street Primary School
2025/26



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	+	+	+	+	+
	+	+	+	+	+	+
Reception	Fundamental Skills Pathway	Dance - Circus	Invasion Game Skills 1	Gym - Rocking & Rolling	Athletics 1	Striking & Fielding Game Skills 1
	Fundamental Movement Skills 1	Dance - Nursery Rhymes	Target Games 1	Gymnastics - Flight - Bouncing, Jumping & Landing	Athletics 2	Personal Challenges
Year One	Fundamental Movement Skills 1	Dance - Fire of London	Ball skills: sending, receiving and dribbling	Gymnastics: individual movements and balances	Athletics 2	Striking & Fielding Game Skills 1
	Fundamental Movement Skills 2	Dance - Mini Beasts	Ball skills: pushing and striking	Gymnastics - Pathways - small & long	Locomotion: running and jumping	Striking & Fielding Game Skills 2
Year Two	Fundamental Movement Skills 2	Dance - Fire of London	Net & Wall Game Skills 2	Gymnastics - Spinning, turning & twisting	Athletics 2	Ball skills: hitting and striking
	Fundamental Movement Skills 3	Dance Unit - KS1	Ball skills: passing, dribbling and scoring	Gymnastics - Stretching, curling & arching	Outdoor adventurous activities: team building	Striking & Field Game Skills 2

Year Three

Invasion Game Skills 3	Gymnastics Year 3	Netball	Dance - Egyptians	Athletics 3	Rounders
Flag Football	Gymnastics - Receiving body weight	Invasion Game Skills 3	Dance Unit - LKS2	Outdoor adventurous activities: team challenges	Striking and fielding games: fielding vs batting

Year Four

Invasion Game Skills 3	Gymnastics - Arching and bridges	Basketball	Dance - Romans	Athletics 4	Rounders
Football	Gymnastics: symmetry and asymmetry	Invasion games: maintaining possession and stopping an attack through basketball	Dance: traditional dances of the British Isles	Athletics: athletic challenges developed	Striking and fielding games: tactics and strategies through racing rounders

Year Five

Football	Gymnastics - Synchronisation & canon	Basketball	Outdoor adventurous activities: orienteering	Athletics 5	Rounders
Tag Rugby	Dance: your tag, everyday art	Hockey	Tennis	Athletics: enhanced athletic challenges	Cricket

Year Six

Football	Gymnastics - Flight	Hockey	Outdoor adventurous activities: leadership	Athletics 6	Rounders
Handball	Dance: the power of unity	Netball	Tennis	Athletics: athletic challenges refined	Cricket