

**Duke Street Primary School**  
**PE Curriculum Map 2021 – 22 – KS1**

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<b><u>(Y1)</u></b> <b><u>Lesson 1</u></b>	<b>Baseline unit</b> Rolling and stopping a ball, rolling a variety of equipment, simple tactics  <b>UNIT – Year 1 Rolling a ball</b>	<b>Dance</b> Link to Class Topic  <b>UNIT – Y1 Fire Fire</b>	<b>Gymnastics</b> Pencil roll, frog and bunny hop, egg roll, jumping in a straight and star shape, landing safely, travelling  <b>UNIT – Year 1 gymnastics activity 1</b> <b>Core task Making Shapes</b>	<b>FMS</b> Catching a ball, bouncing a ball, simple tactics  <b>UNIT – Year 1 Catching and bouncing a ball</b>	<b>OAA</b> Trust, responsibility, cooperation, completing a journey, navigate safely <b>Assess – development of skills, not application</b> <b>UNIT – Year 2 OAA – the great outdoors</b>	<b>FMS unit</b> Underarm throw, side gallop, rolling a ball, tactics, send a ball in 3 different ways  <b>UNIT – Tri Golf</b>
<b><u>Lesson 2</u></b>	<b>FMS and assessment</b> Underarm throw, run, hop, jump, overarm throw, skip, bouncing, rolling, kicking and catching  <b>UNIT – Lost and found</b>	<b>Health and Fitness Unit</b> Warming up, healthy heart, simple circuits, large body movements, relaxation	<b>Gymnastics</b> Pencil roll, frog and bunny hop, egg roll, jumping in a straight and star shape, landing safely, travelling  <b>UNIT – Year 1 gymnastics activity 1</b> <b>Core task Making Shapes</b>	<b>Net/wall games</b> Catch, side gallop, ready position, hold a bat, move a ball with a bat	<b>FMS (Games unit)</b> Underarm throw, accuracy, tactics  <b>UNIT – Year 1 Underarm Throw</b> <b>Core task – Ten point hoops</b>	<b>Athletics and FMS assessment</b> Hopping, rolling a ball, underarm throw, running, changing direction, jumping  <b>UNIT – Year 1 Athletics</b> <b>Core task – Honey pot</b>
<b><u>(Y1/2)</u></b> <b><u>Lesson 1</u></b>	<b>FMS unit</b> Underarm throw, side gallop, rolling a ball, tactics, send a ball in 3 different ways  <b>UNIT – Tri Throff</b>	<b>Dance</b> Link to Class Topic –  <b>UNIT – Y1 Toy Story</b>	<b>Gymnastics</b> Shapes in a sequence, travelling on feet and hands and feet, balance on large body parts, pencil roll, frog and bunny hop, egg roll.  <b>UNIT – Year 1 gymnastics activity 2</b> <b>Core task – Making shapes</b>	<b>FMS (Games unit)</b> Underarm throw, accuracy, tactics  <b>UNIT – Year 1 Underarm Throw</b>	<b>OAA</b> Trust, responsibility, cooperation, completing a journey, navigate safely <b>Assess – development of skills, not application</b> <b>UNIT – Year 2 OAA – the great outdoors</b>	<b>FMS (Games unit)</b> Dodge, change of direction, hopping, catching, strike a ball, ready position, underarm throw, tactics  <b>UNIT – Year 2 FMS</b> <b>Playground games in the 20<sup>th</sup> century</b>
<b><u>Lesson 2</u></b>	<b>FMS and assessment</b> Underarm throw, run, hop, jump, overarm throw, skip, bouncing,	<b>Health and Fitness Unit</b> Warming up, healthy heart, strong muscles simple circuits, large	<b>Gymnastics</b> Shapes in a sequence, travelling on feet and hands and feet, balance	<b>Net/Wall Games</b> Catch, side gallop, ready position, hold a bat,	<b>FMS (Games unit)</b> Bouncing a ball (plus whilst moving), pass, catch, simple game,	<b>Athletics and FMS assessment</b> Hopping, rolling a ball, underarm throw,

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	rolling, kicking and catching <b>UNIT – Lost and found</b>	body movements, relaxation	on large body parts, pencil roll, frog and bunny hop, egg roll. <b>UNIT – Year 1 gymnastics activity 2</b> <b>Core task – Making shapes</b>	strike a ball to a partner, simple tactics <b>UNIT – Y2 Games Net and wall</b>	throw at target, move into space <b>UNIT – Year 2 Bounce Ball</b>	running, changing direction, jumping <b>UNIT – Year 1 Athletics</b> <b>Core task – Honey Pot</b>
<b>(Y2)</b> <b>Lesson 1</b>	<b>FMS (Games unit)</b> Bouncing a ball (plus whilst moving), pass, catch, simple game, throw at target, move into space <b>UNIT – Year 2 Bounce Ball</b>	<b>Dance</b> Link to Class Topic –  <b>UNIT – Y2 Moving along</b>	<b>Gymnastics</b> Jumping, shapes in the air, hands and feet travel, large body part balances, egg, teddy and pencil roll, sequences.  <b>UNIT – Year 2 gymnastics activity 1</b> <b>Core task – Families of actions</b>	<b>FMS (Games unit)</b> Dodge, change of direction, hopping, catching, strike a ball, ready position, underarm throw, tactics <b>UNIT – Year 2 FMS</b> <b>Playground games in the 20<sup>th</sup> century</b>	<b>OAA</b> Trust, responsibility, cooperation, completing a journey, navigate safely <b>Assess – development of skills, not application</b> <b>UNIT – Year 2 OAA – the great outdoors</b>	<b>Striking and fielding games</b> Overarm throw, underarm throw, catch, strike a ball for distance, simple tactics <b>UNIT – Y2 Games</b> <b>Striking and Fielding</b>
<b>Lesson 2</b>	<b>FMS and assessment</b> Underarm throw, run, hop, jump, overarm throw, skip, bouncing, rolling, kicking and catching <b>UNIT – Baseline unit</b> <b>Supertato</b>	<b>Health and Fitness Unit</b> Warming up, healthy body and mind, strength circuits, large body movements, relaxation	<b>Gymnastics</b> Jumping, shapes in the air, hands and feet travel, large body part balances, egg, teddy and pencil roll, sequences <b>Families of actions</b> <b>UNIT – Year 2 gymnastics activity 1</b>	<b>Net/Wall Games</b> Catch, side gallop, ready position, hold a bat, strike a ball to a partner, simple tactics <b>UNIT – Y2 Games Net and wall</b>	<b>Games</b> Underarm throw, catch, move into space, simple tactics, pass and move <b>UNIT – Y2 Games Piggy in the middle</b> <b>Core task Piggy in the Middle</b>	<b>Athletics and FMS assessment</b> Underarm throw, overarm throw for distance, push and 2 hand throw, obstacle course for speed and agility <b>UNIT – Y2 Athletics</b> <b>Core task Colour match</b>