


Duke Street Primary School - KS1 Screen Break Day - Friday 12th February- 25 Activities
Choose AT LEAST one activity from each category to do at home. Remember NO SCREENS!

<p>Maker Hour</p> 	<p>Build a tall tower. What will you use? Can you make it steady? Can it stay balanced for at least 1 minute?</p>	<p>Build a den in your house or garden</p>	<p>Make a boat to float in your bath</p>	<p>Paint a pebble</p>	<p>Bake a nice treat to share with someone in your household</p>
<p>Genius Hour</p> 	<p>Play Kim's Game (memory game with a tray of objects)</p>	<p>Learn to juggle</p>	<p>Learn to read/spell 5 new words</p>	<p>Draw your family and any pets you have</p>	<p>Learn a tongue twister rhyme with someone in your household. How fast can you say it? How many times? Can you make up your own?</p>
<p>Indi Reading Hour</p> 	<p>Find a picture in a book you never noticed before</p>	<p>Find a cosy area in your house and read your favourite book.</p>	<p>Become a storyteller and make up your own story</p>	<p>Read the 'blurb' (back of the book) of a book and draw a picture to match</p>	<p>Act out your favourite part of your favourite story. Include others in your house.</p>
<p>Fitness and outdoor Hour</p> 	<p>Have a disco with your family and dance to your favourite tunes</p>	<p>Make a mini-beast den. They like small holes against a wall or fence.</p>	<p>Make an obstacle course outside</p>	<p>Make up a fitness workout - Joe Wicks style</p>	<p>Make a mud face! Collect some mud and splat it down. Create faces on it using stones, twigs and leaves</p>
<p>Helpful and Happiness Hour</p> 	<p>Draw a picture for someone</p>	<p>Make a phone call to a relative</p>	<p>Write a card or letter to someone to say "hello"</p>	<p>Tidy your room</p>	<p>Teach someone else how to do something</p>