


Duke Street Primary School - KS2 Screen Break Day - Friday 12th February- 25 Activities
Choose AT LEAST one activity from each category to do at home. Remember NO SCREENS!

<p>Maker Hour</p> 	<p>Make your own healthy lunch</p>	<p>Build a den in your house or garden</p>	<p>Make a boat to float in your bath</p>	<p>Paint a pebble</p>	<p>Draw a picture on a cereal box and cut it to make a jigsaw</p>
<p>Genius Hour</p> 	<p>Play Kim's Game (memory game with a tray of objects)</p>	<p>Learn to juggle</p>	<p>Learn some words in another language</p>	<p>Write a rap song</p>	<p>Learn a magic trick</p>
<p>Indi Reading Hour</p> 	<p>Find a picture in a book you never noticed before</p>	<p>Read a recipe or instructions to complete an activity</p>	<p>Turn your favourite story or memory into a comic book</p>	<p>Read to someone else in your family for THEIR enjoyment</p>	<p>Read a poem</p>
<p>Fitness Hour</p> 	<p>Have a disco with your family and dance to your favourite tunes</p>	<p>Go on a safe walk with a family member</p>	<p>Make an obstacle course inside and/or outside</p>	<p>Make up a fitness workout - Joe Wicks style</p>	<p>Throw and catch a ball as many times as you can without dropping</p>
<p>Helpful and Happiness Hour</p> 	<p>Draw a picture for someone</p>	<p>Make a phone call to a relative</p>	<p>Write a card or letter to someone to say "hello"</p>	<p>Tidy your room</p>	<p>Teach someone else how to do something</p>