

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily and where schools require one, a filled baked potato or a range of hot sandwiches wraps or Paninis.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Pork Meatballs in Onion Gravy	BBQ Chicken & Salad Wrap	Roast Chicken with Sage & Onion Stuffing & Gravy	Farmhouse Brunch	Lancashire Beef Burger on a Bun with Tomato Ketchup
Choice 2	Ploughman's Picnic (v)	Homemade Pizza Margherita (v)	Butter Pie with Cheese (v)	Red Pepper & Tomato Pasta (v)	Chip Shop Crispy Battered Fish Fillet
Desserts	Raspberry Buns	Lemon Drizzle Cake	Cook's Choice of Muffin (GF)	Cheese & Biscuits & Fresh Fruit	Ice Cream Tub & Fresh Fruit

Week 2

	Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Crispy Fish Goujons	Jumbo Fish Finger & Salad Wrap	Roast Beef with Yorkshire Pudding & Gravy	Homemade Chicken Korma	Farm Assured Sausage on a Bun with Tomato Ketchup (v option available)
Choice 2	Homemade Pizza Margherita (v)	Tomato Pasta (v)	Hot Filled Sub Roll (v)	Cheese Whirl (v)	Bubble Coated Salmon Fillet
Desserts	Chocolate Ice Cream Roll & Fresh Fruit	Homemade Shortbread Biscuit & Fresh Fruit	Fruit Jelly	Chocolate & Mandarin Sponge	Cook's Choice of Cookie & Milkshake

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
Choice 1	Farm Assured Chicken Breast Goujon Wrap	Sweet Potato & Chickpea Curry (v)	Roast Pork with Sage & Onion Stuffing & Gravy	Chicken Tikka Masala	Meatball Marinara Sub Roll
Choice 2	Homemade Cheese Flan (v)	Homemade Pizza Margherita (v)	Choice of Assorted Sandwiches & Wraps (v option available)	Tomato & Mascarpone Pasta (v)	Birds Eye Fish Fingers
Desserts	Cook's Choice of Cookie & Fresh Fruit	Chocolate Cookie (GF)	Peach Melba	Fruity Flapjack	Summer Treat Dessert

Weekly Menu Cycle

- Week 1
- Week 2
- Week 3

April/May/June

Mon	Tue	Wed	Thur	Fri
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	1

June/July

Mon	Tue	Wed	Thur	Fri
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
2	3	4	5	6

July/Aug

Mon	Tue	Wed	Thur	Fri
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31	1	2	3
6	7	8	9	10

Aug/Sept

Mon	Tue	Wed	Thur	Fri
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31
3	4	5	6	7
10	11	12	13	14

Sep/Oct

Mon	Tue	Wed	Thur	Fri
17	18	19	20	21
24	25	26	27	28
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19

Oct/Nov

Mon	Tue	Wed	Thur	Fri
22	23	24	25	26
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23

Nov/Dec

Mon	Tue	Wed	Thur	Fri
26	27	28	29	30
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.