

**PHE  
Z(6)**

# Sixth Form Notices

9<sup>th</sup> May 2022



Revision  
+ exercise  
+ good diet  
+ sufficient sleep

= **Best chance of being physically and mentally able to excel during (cope well with) the exam period**



**Year 13 – hunt out locker keys. This week you will be given a ‘returns’ slip for all resources, including locker key - £15 replacement charge.**

- Year 12 – PHE suspended until you return after the exams – the BEST Preparation for A level courses, Higher Education and future employment is to get good AS results – and revision and hard work will facilitate this. **For INTERNAL exams – do you know your timetable? Most exams will be in the Sixth Form area (set up as an exam room). Lessons restart on Monday 20<sup>th</sup> June.**
- Year 12 – read Mrs Lennon’s letter – it is on the school website and has been emailed to you. Share this with parents too please – the letter includes information about our UCAS information evening for parents (29<sup>th</sup> June).
- **Don’t panic - control what you can control.** When you open your envelope in August – you want to be able to say, hand on heart, that you did everything you could – you gave yourself the best possible chance of achieving your potential. **HOW?** Put in enough time / effort – make sure you understand appropriate subject content and exam expectations / technique – ask teachers for guidance if unsure. As these exams are very nearly upon you – suspend any part time employment – invest enough time to ensure you get the ‘right’ grades. **Do read the Beat Exam Stress pamphlet.** <https://www.childline.org.uk/globalassets/info-and-advice/school-work-and-college/school-and-college/exam-stress/beat-exam-stress.pdf>
- Year 12 – see Mr Wilbraham’s email if you have applied for a Head Student role.
- Year 12 Oxbridge group – please check Mr Wilbraham’s message in Teams.
- **Year 12 – UCAS Event** – last chance to pay your £4 – please see Mrs Clarke / Miss Boughton.
- **UCAS – Year 13 – don’t miss your deadlines for replying/ confirming FIRM & INSURANCE choices – see Mrs Lennon / Mr Wilbraham to discuss if unsure. Also – deadline for Student Finance is approaching.**
- **Key Dates / Events** - for both years - see Mrs Lennon’s email 28<sup>th</sup> April.
- We have discussed the importance of COMMUNICATION, COLLABORATION, ORGANISATION and making the most of ASSESSMENT OPPORTUNITIES – this is never more true than in the run up to exams. Work with each other and your teachers – please let your Tutor know if you are experiencing any login / IT issues.

<b>Monday</b>	
<b>Tuesday</b>	• <b>Non-uniform day today - £1 to Tutor please.</b>
<b>Wednesday</b>	
<b>Thursday</b>	<ul style="list-style-type: none"> <li>• <b>Year 13 - Extended Assembly – Hall – 8.20am. University and Beyond.</b></li> <li>• <b>Group photo – orders with money – deadline today.</b></li> <li>• <b>Year 13 – Leaving Celebration – please join us in the Hall for 3pm, then food in SFA.</b></li> </ul>
<b>Friday</b>	• <b>Goodbye and good luck Year 12 – see you for internal exams (13<sup>th</sup> June), then into lessons (20<sup>th</sup> June).</b>

**Are you using the resources: exam board guidance, textbooks, revision guides, exam board websites, teacher hand-outs, specimen answers???? You know the ‘right’ answer – what is the TRUTH? If they aren’t the same – only you can do something about it!**  
Before final (EXTERNAL) AS & A exams - at the end of this week you have:

Year 12

**0** school days

Year 13

**4** school days