



AUTUMN TERM MENU

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Savoury mince & Yorkshire pudding	Chicken tikka	Battered cod	Roast pork & stuffing	Meatballs in tomato sauce
NON-MEAT OPTION	Cheese & tomato Pasta	Vegetarian lasagne	Quorn burger in a bun	Cheese and onion quiche	Mediterranean pasta
3rd Choice	Steak pie	BBQ pork steak	Hot n spicy chicken fillet burger	Traditional fishcake	Corned beef pie
CARBOHYDRATES	Pasta / potato	Pasta / potato	Chipped potatoes	Potato / pasta	Pasta / potato
VEGETABLES	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
AVAILABLE EVERYDAY	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes
HOT DESSERT	Rice pudding	Chocolate fudge cake	Mixed berry crumble & custard	Treacle sponge & custard	Chocolate crunch & custard
COLD DESSERTS	Cake / biscuits yoghurt , fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits yoghurt, fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits, yoghurt, fruit
DRINKS	Fresh fruit juice milk, water	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.

NO RECIPES HAVE NUTS ADDED.

HOWEVER, PLEASE CHECK LABELS AS NUTS/NUT TRACES MAY OCCUR IN CERTAIN MANUFACTURED PRODUCTS.

* MAY CONTAIN COCONUT (SEE BELOW)

SEE ADDITIONAL INFORMATION FOR GUIDANCE.

PLEASE SPEAK TO OUR KITCHEN STAFF IF YOU REQUIRE ANY INFORMATION REGARDING ALLERGENS.

AVAILABLE DAILY : HOMEMADE SOUP OF THE DAY, PASTA POTS, COLD DESSERTS, FRUIT , YOGURTS, HOMEBAKES AND FREE FRESH WATER.



AUTUMN TERM MENU

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Mince & dumplings	Lasagne	Crispy battered cod	Roast beef & yorkshire pudding	Hunters chicken
NON-MEAT OPTION	Pasta pomodoro	Macaroni cheese	Quorn sausages	Pasta basilico	Veggie bolognaise
3rd Choice	Chicken curry	Chicken kiev	Hot n spicy chicken fillet burger	Minced beef pie	Fish fingers
CARBOHYDRATES	Pasta / potato	Pasta / potato	Chipped potatoes	Potato / rice	Potato/pasta
VEGETABLES	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
AVAILABLE EVERYDAY	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes
HOT DESSERT	Jam sponge & custard	Apple cuumble & custard	Chocolate sponge & vanilla sauce	Flapjack & custard	Rice crispie cake
COLD DESSERTS	Cake / biscuits yoghurt , fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits yoghurt, fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits, yoghurt, fruit
DRINKS	Fresh fruit juice milk, water	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.

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AUTUMN TERM MENU

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Minced beef pie	Lamb hotpot	Crispy battered cod	Roast turkey & stuffing	Spaghetti bolognaise
NON-MEAT OPTION	Pasta basilico	Tuscan bean pasta	Cheese quiche	Vegetable pie	3 cheese pasta
3rd Choice	Oven baked sausages	Beef rogan josh	Hot & spicy chicken fillet burger	Spaghetti carbonara	Shepherds pie
CARBOHYDRATES	Rice / potatoes	potatoes /rice	Chipped potatoes	Potato / pasta	Potato/pasta
VEGETABLES	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
AVAILABLE EVERYDAY	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes	Pizza Selection Sandwich Selection, Jacket Potato Selection, Salad Bar/Boxes
HOT DESSERT	Apple sponge & custard	Cherry crumble & custard	Vanilla sponge & custard	Chocolate sponge & custard	Cornflake tart & custard
COLD DESSERTS	Cake / biscuits yoghurt , fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits yoghurt, fruit	Cakes/biscuits, yoghurt, fruit	Cakes/biscuits, yoghurt, fruit
DRINKS	Fresh fruit juice milk, water	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.	Fresh fruit juice, milk, water.

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