

Student name:
House:
Form:



DJCS House System - Giving Back & Enrichment Challenges 2020

Ten for Ten - My progress checklist.

ANNAND

HEAVISIDE

KENNY

WAKENSHAW

As the 2019 term drew to an end, we reflected on what we had been able to accomplish, both as a school and as a community. Our “Giving Back” campaign had gone from strength to strength. An unprecedented £6495 was raised for our chosen charities. This made such a positive impact in our local community. Truly, an amazing achievement!

I was so incredibly proud of the efforts of our students and staff, as I am today. A special thank you to the house leads for their commitment and hard work, without you this would have been impossible! Our events, competitions and charitable work continued as the new school year began. The commitment, thoughtfulness and community spirit shown by our students was unrelenting. Now in strange, and unprecedented times this philosophy can still be maintained. In fact, it is more important than ever that we work together, support one another and do our bit to “give back”.

So in true Durham Johnston style I am going to set you a series of challenges which reflect the ethos and values of DJCS and our House System – Dare to be wise?

Please keep evidence of your achievements, acts of kindness and enrichment activities – these can be shown to your form tutor when we return. And yes, of course there are house points, 10 acts for 10 HP!

Take good care and good luck!

Miss Forbes & the House Team

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DJCS HOUSE SYSTEM – TEN FOR 10

TASK	DESCRIPTION	ACHIEVED/EVIDENCE? P/G SIGNATURE
1	<p>Support our NHS - This could be by:</p> <ul style="list-style-type: none">✓ Taking part in the “Clap for our carers” show of support every Thursday at 8pm<ul style="list-style-type: none">✓ Donating to a charity✓ Making personal protective equipment (PPE)<ul style="list-style-type: none">✓ Volunteering✓ Other suitable way	
2	<p>Support your family – this could be done by:</p> <ul style="list-style-type: none">✓ Helping siblings / family members with their school work / work<ul style="list-style-type: none">✓ Cooking a meal✓ Cleaning/tidying the home/garden<ul style="list-style-type: none">✓ Other suitable way	
3	Help a neighbour or friend (a doorstep drop, a chat over the fence, donation to a foodbank or a phone call)	
4	Read three books (fiction or non-fiction) and write a short review of each	
5	Write a short story or blog on a topic of your choice	



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6	Do something to help the environment - this could be done by: <ul style="list-style-type: none">✓ Re-cycling✓ Up-cycling✓ Planting something✓ Other suitable way	
7	Try a new sport / form of exercise (from archery to futsal skills and from boxing to yoga – the possibilities are endless)	
8	Try meditation / relaxation techniques (learn how to unwind)	
9	Post something positive on-line (if you don't have an account ask your parent/guardian to do it for you)	
10	Write a list of 10 things you are thankful for	

I have added extra rows – you might add another two positive things, or replace two that are there – the choice is yours.

Remember, be kind to yourselves and to others 😊

Don't forget you can tweet  us @DurhamJohnston to show us your endeavours!