

Mutual aid and community support East Durham (including Durham City)

Category	Offer	Date and time	Contact
Shotton Community Hub Bridge Road Shotton Colliery DH6 2PQ	Community Support Support and signposting to other agencies. Delivery of cooked meals to families in isolation.	Monday to Friday 9.30am-2.30pm	Telephone: 0191 526 4213
Trimdon Community College Elwick View Trimdon TS29 6JU	Community Support Staff at the Community College want to support the community through this difficult time. They offer a scheme which offers a weekly call for a chat to make sure you are well and help to alleviate feelings of fear or loneliness.	Coronavirus period	Telephone: 01429 881 521 Your number will be kept on file to for weekly checks.
Community Spirit Peterlee	Community Support For people living in the Cotsford Hall Neighbourhood and need support through the period of the	Coronavirus period	Telephone: Louise on 07882 562 196 Paul on 07507 638 222 Sharon 07810 405 190

Mutual Aid Covid-19 is a list of local support groups that have been established during the coronavirus (COVID-19) pandemic. To find a local group visit <https://www.mutual-aid.co.uk/>

	Coronavirus. Help with feelings of anxiety or loneliness through chat.		Email: volunteers-in-peterlee@gmx.com
Wheatley Hill COVID-19 Support	Community Support We can offer support with home deliveries, and shopping for vulnerable people within Wheatley hill	Monday to Friday	For more information and to access this service call 07971250262
Shadforth Community Support	Community Support Picking up shopping and prescriptions for the elderly and vulnerable. Supportive telephone calls can be made.	Coronavirus period	To use this service contact Chris Turner who will put you in contact with a volunteer. Telephone: 0191 3720804 Email: cd.turner@hotmail.com
High Shincliffe Volunteers	Community Support Collecting shopping, collecting prescriptions, posting mail and being a friendly point of contact. Covers High Shincliffe and Sherburn Village	Coronavirus period	To use this service call Nigel Jackson on 0191 3849932 Email: nigel.jackson6@btinternet.com or call Shincliffe Parish Council 07701027450

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Gilesgate Coronavirus Group	Community Support Mutual Aid group covering Gilesgate area offering support with self-isolation and not being able to access food, necessities, or medication.	Coronavirus period	To register for this service call 0191 649 8893 Or visit us on https://www.facebook.com/groups/GilesgateUpdate/
Dawdon Youth and Community Centre Co-Vid19	Community Support Continuing to support the community by delivering food parcels. Seaham area	Coronavirus period	Please visit our website www.facebook.com/DawdonYouthAndCommunityCentre/
Durham City Mutual Aid (Covid-19)	Community Support Among things we plan to provide help delivering groceries, collect food and supplies for those who can't do it themselves	Coronavirus period	To Register for this service call 0191 649 8893 Or email durhamcity.aid@gmail.com
Community Spirit Peterlee	Community Support Offering Neighbourhood support with the following: Shopping, telephone monitoring/counselling and sign posting to other aid agencies		To register for this service call Paul Wilding on 07507 638 222 or Email community.spirit@gmx.com

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