## GCSE PE / Vocational PE

## Should I choose GCSE PE, Vocational PE or Extra GCSE PE?

GCSE PE is assessed with two final exams worth 60% and external assessment of three practical sports worth 40%, Therefore, those choosing GCSE should be regular performers in at least two sports. They should also have a good understanding of sporting issues to allow them to successfully engage with the theory content.

Extra GCSE is the same qualification as "normal" GCSE, however it is completed in only 1 hour a week. This takes place during core PE lesson meaning those who choose this option will not take part in any practical PE in curriculum time. Therefore this option should only be taken by those who participate in several sports outside of school and have the academic ability to manage the theory content.

Vocational PE is assessed through 3 internal units with only 40% based on a compulsory exam. Vocational PE is an excellent option for those who enjoy participation in sport or leadership of sport but don't perform at a high level. It is also good for those who prefer to spread out their assessment over 2 years rather than through final exams."

If you are not sure which option would be best for you, please contact Mr Hopper, Subject Leader for PE.