



WEEK 1

## Classic Favourites

MONDAY



## SOUTHERN STYLE

TUESDAY



## Great British Roast

WEDNESDAY



## KURRY

THURSDAY



## Fish & Chips

FRIDAY



### MAIN MEAL

#### BEEF LASAGNE

Salad, Garlic Bread

#### SWEET N SOUR CHICKEN

Rice

#### ROAST CHICKEN

Stuffing, Yorkshire Pudding, Seasonal Vegetables, Gravy

#### BEEF ROGAN JOSH

50/50 Rice, Poppadums

#### BATTERED FISH/ SALMON FISHCAKES

Chips

### VEGETARIAN MEAL

#### VEGGIE LASAGNE

Salad, Garlic Bread

#### SPRING ROLL

Rice, Sweet n Sour Sauce

#### MACARONI CHEESE

Mixed Salad or Seasonal Vegetables

#### CAULIFLOWER & LENTIL DAHL

50/50 Rice, Poppadums

#### VEGAN FISH FINGER BAP

### VEGETABLE

#### GARDEN SALAD, PEAS

#### BLACKENED CORN COBETTES

#### ROASTED ROOT VEG WITH CABBAGE

#### SAAG ALOO

#### PEAS, GARDEN SALAD

### PASTA POTS

#### PESTO PASTA

#### MACARONI CHEESE

#### ARRABIATA

#### QUORN BOLOGNAISE

#### FLORENTINE

### JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

### DESSERT

#### BERRY & APPLE CRUMBLE

Custard

#### AMERICAN STYLE PANCAKES

Fruit Compote

#### LEMON SPONGE

Custard

#### TOFFEE APPLE TURNOVER

Toffee Sauce

#### STRAWBERRY CHEESECAKE

### FRUIT

#### WATERMELON WEDGE

#### PINEAPPLE POT

#### APPLE & GRAPE BAG

#### FRESH FRUIT SALAD POT

#### GRAPE POT

### YOGHURT POTS

#### GREEK STYLE HONEY

#### LEMON

#### STRAWBERRY

#### MANGO

#### PASSION FRUIT

TRY OUR HOME-MADE  
**SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR  
AMAZING BLUE DOT  
MEAL DEALS

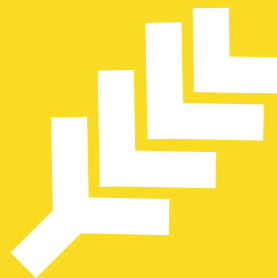
**PIZZAS, WRAPS & PANINIS**  
FRESH OPTIONS  
EVERY DAY

ALL OUR  
**MEAT**  
IS HALAL

LUNCH MEAL DEAL  
Check out what's on  
offer today!  
**ΨΨΨΨΨΨ**

WATCH OUT FOR OUR  
**POP UP**  
& STREET FOOD  
PROMOTIONS

**All of Our Deli Range, Sandwiches, Salads & Desserts are**  
**FRESHLY MADE HERE DAILY**



WEEK 2

## Classic Favourites

MONDAY



## SOUTHERN STYLE

TUESDAY



## Great British Roast

WEDNESDAY



## KURRY

THURSDAY



## Fish & Chips

FRIDAY



MAIN MEAL

**CHICKEN  
SAUSAGE & MASH**  
Onion Gravy

**CHILLI CON CARNE**  
Nachos, Sour Cream,  
Rice, Salsa

**ROAST BEEF**  
Stuffing,  
Yorkshire Pudding, Gravy

**CHICKEN MASALA**  
50/50 Rice, Poppadums

**BATTERED FISH/  
SALMON FISHCAKES**  
Chips

VEGETARIAN  
MEAL

**VEGAN SAUSAGE  
& MASH**  
Onion Gravy

**MIX BEAN CHILLI**  
Nachos, Sour Cream,  
Rice, Salsa

**ROASTED VEG  
& FETA TART**  
Stuffing, Yorkshire Pudding,  
Gravy

**CHICKPEA, SQUASH &  
SPINACH CURRY**  
50/50 Rice, Poppadums

**PIZZA WRAP**  
Chips

VEGETABLE

**CARROTS, PEAS,  
GARDEN SALAD**

**SWEETCORN**

**ROASTED ROOT VEG  
WITH CABBAGE**

**CUMIN STIR FRIED  
GREENS**

**GARDEN PEAS**

PASTA POTS

**TOMATO & BASIL**

**PESTO PASTA**

**MACARONI  
CHEESE**

**ARRABIATA**

**QUORN BOLOGNAISE**

**FLORENTINE**

JACKET POTATO

**TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS**

DESSERT

**LEMON YOGHURT  
CHEESECAKE POT**

**APPLE & PEAR  
CRUMBLE**  
Custard

**STICKY TOFFEE  
PUDDING**  
Toffee Sauce

**WAFFLES**  
Fruit Compote

**FRUIT SUNDAE**

FRUIT

**WATERMELON  
WEDGE**

**GRAPE POT**

**FRESH FRUIT  
SALAD POT**

**PINEAPPLE POT**

**ORANGE WEDGES**

YOGHURT POTS

**GREEK STYLE  
HONEY**

**LEMON**

**STRAWBERRY**

**MANGO**

**PASSION FRUIT**

TRY OUR HOME-MADE  
**SOUP**  
WITH FRESHLY BAKED BREAD

LOOK OUT FOR  
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MEAL DEALS

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**FRESHLY MADE  
HERE DAILY**



WEEK 3

## Classic Favourites

MONDAY



## SOUTHERN STYLE

TUESDAY



## Great British Roast

WEDNESDAY



## KURRY

THURSDAY



## Fish & Chips

FRIDAY



MAIN MEAL

### CLASSIC BEEF BOLOGNAISE

50/50 Pasta

### FERNANDO'S CHICKEN IN A BUN

Wedges, Coleslaw

### ROAST TURKEY

Stuffing, Yorkshire Pudding, Gravy

### CHICKEN KORMA

50/50 Rice, Poppadums

### BATTERED FISH/ SALMON FISHCAKES

Chips

VEGETARIAN MEAL

### ROASTED PEPPER & QUORN MOUSSAKA

Mixed Salad

### 'V' BURGER

Wedges, Coleslaw

### MATURE CHEDDAR & BROCCOLI TART

Mixed Salad

### VEGETABLE BALTI

50/50 Rice, Poppadums

### BEAN BURGER

Chips

VEGETABLE

### BROCCOLI

### BBQ BEANS, GREENS N GRAINS

### ROASTED ROOTS VEG WITH CABBAGE

### CUCUMBER & ONION SALAD

### GARDEN PEAS

### TOMATO & BASIL

PASTA POTS

### PESTO PASTA

### MACARONI CHEESE

### ARRABIATA

### QUORN BOLOGNAISE

### FLORENTINE

JACKET POTATO

### TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

### APPLE & BERRY PIE

Ice Cream

### KEY LIME PIE

### JAM SPONGE

Custard

### LEMON POSSETT

### BREAD & BUTTER PUDDING

Custard

FRUIT

### WATERMELON WEDGE

### GRAPE POT

### FRESH FRUIT SALAD POT

### PINEAPPLE POT

### ORANGE WEDGES

YOGHURT POTS

### GREEK STYLE HONEY

### LEMON

### STRAWBERRY

### MANGO

### PASSION FRUIT

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