

PE Kit

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| *Optional | EFHS PE Polo | Football boots with plastic studs (any colour) |
| Non-uniform items may not be worn in place of optional school items | EFHS shorts | Gum shield for rugby |
| EFHS branded items can be purchased in local Juniper and PMG uniform stores. Other items can be purchased in local sports stores or online. | EFHS long grey PE socks | Shin pads for football |
| | EFHS reversible PE jersey | *EFHS tracksuit top |
| Long hair needs to be tied up and no jewellery can be worn during PE lessons | Grey / black sport base layers for colder months | *EFHS tracksuit bottoms |
| Students need to be prepared before their PE lesson and bring with them a full bottle of water | EFHS PE bag or plain black bag (no logos) | Predominantly black sports trainers (suitable for running and non-marking) |

Running Trainers

We understand that people have different feet sizes and shapes, and therefore need a specific size, brand and shaped shoe. We do however ask that trainers need to be predominantly black, and suitable for running. We ask for black trainers as black is a common and universal colour of many shoe brands, which also doesn't show much dirt; and we also ask for a running style of trainer that would provide adequate support for student's feet during the activities in PE classes.



Black trainer, suitable for running



Black trainer with a small amount of white (predominantly black), suitable for running



Black trainer with large amounts of another colour (not predominantly black), suitable for running



Black casual trainer, not suitable for running



Black casual trainer, not suitable for running.