


PE Kit

Non-uniform items may not be worn in place of optional school items.

EFHS branded items can be purchased in local Juniper and PMG uniform stores. Other items can be purchased in local sports stores or online.

Long hair needs to be tied up and no jewellery can be worn during PE lessons.

Students must arrive prepared for their PE lesson and are responsible for bringing a full bottle of water and any required emergency medication (e.g. EpiPen or inhaler)

Compulsory Items	Optional Items
EFHS branded PE Polo	EFHS branded tracksuit top
Plain black sports shorts—mid thigh length (no cycling shorts).	EFHS branded tracksuit bottoms
Plain black long game socks—for football and rugby	Grey / Black sport base layers for colder months
Plain white short (Crew) socks—for all other sports	 Ealing Fields C of E High School
Shin pads for football and Gum shield for rugby	
EFHS branded PE bag or plain black bag with no logos	
Football boots with plastic studs (any colour)	
Predominantly black sports trainers (suitable for running and non-marking)	

Running Trainers

We understand that people have different feet sizes and shapes, and therefore need a specific size, brand and shaped shoe. We do however ask that trainers need to be predominantly black, and suitable for running. We ask for black trainers as black is a common and universal colour of many shoe brands, which also doesn't not show much dirt; and we also ask for a running style of trainer that would provide adequate support for student's feet during the activities in PE classes.



Black trainer, suitable for running



Black trainer with a small amount of white (predominantly black), suitable for running



Black trainer with large amounts of another colour (not predominantly black), suitable for running



Black casual trainer, not suitable for running



Black casual trainer, not suitable for running.

PE Kit



EFHS branded PE Polo—unisex or fitted



Grey / Black sport base layers for colder months



Plain black sports shorts—mid thigh length (no cycling shorts)



EFHS branded PE shorts can still be used while they are being phased out



Shin pads for football



Gum shield for rugby



Plain black long game socks—for football and rugby



Plain white short (Crew) socks—for all other sports



Football boots with plastic studs (any colour)