



**HUNTINGDONSHIRE
CHILD AND FAMILY CENTRE**

WHAT'S ON

October 2024

Welcome to our Child & Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk or on Facebook.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses

St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT	St Neots Child and Family Centre, Eynesbury Site Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry Community Centre, Green End Road, Sawtry PE28 5UX	Ramsey Child and Family Zone at Ramsey Library, 25 Great Whyte, Ramsey PE26 1HG
Huntingdon Child and Family Centre, Huntingdon Youth, Child & Family Centre Site, Sallowbush Road, Huntingdon PE29 7AF	Huntingdon Child and Family Centre, Huntingdon Nursery School Site, Ambury Road, Huntingdon PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre, St Ives PE27 5QB	

If you would like to be kept up to date about our activities by email,
please ask to join our mailing list.

B = Booking Required

£ = There is a charge for this session

Monday				
English for Adults 9am to 11am	7, 14, 21 Oct	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Messy Play 9.30am to 10.30am	7, 14, 21 Oct	A fun messy play session for children aged 6 months to 2 years. To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
Drop-In Clothes Bank 10am to 11.30am	7 Oct	Is your child in need of some clothes? Come along to our clothes bank and take the items you need. No booking required.		Huntingdon Youth, Child and Family Centre

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Monday continued				
Crawlers to Walkers 10am to 11.30am	Weekly	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
Crawlers to Walkers 10am to 11.30am	Weekly	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years. To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Self-Weigh 11.30am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 12 noon to 1.15pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
Pop Up Tots 1.30pm to 2.30pm	7, 14, 21 Oct	A play session aimed at children aged 0 to 2 years and their parents/carers. Older siblings under 5 welcome. To book a space please call 01480 372700.	B £	Little Paxton Village Hall High Street Little Paxton St Neots PE19 6EY
Drop-In Clothes Bank 1pm to 2pm	28 Oct	Is your child in need of some clothes? Come along to our clothes bank and take the items you need. No booking required.		Sawtry Child and Family Zone

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Monday continued				
English for Adults 1.15pm to 3.15pm	7, 14, 21 Oct	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Storycraft 1.30pm to 2.30pm	Weekly	Come and listen to a story, then join in with a simple themed craft activity. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Sensory SEND group 1.30pm to 3pm	Weekly	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. No booking required.		Huntingdon Youth, Child and Family Centre
Paediatric First Aid 7pm to 8pm	21 Oct	This session covers basic Paediatric First Aid. Topics covered include child CPR, recovery positions, choking, minor injuries and illnesses. Booking essential. £10 per person, to be paid in advance. To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone



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Tuesday				
Maths for Adults 9am to 11am	1, 8, 15, 22 Oct	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play Little Bears 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
Storytime 10am to 11am	Weekly	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required.		Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE
Self-Weigh 10am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Ramsey Child and Family Zone
Multiple Births Group 10am to 11.30am	15 Oct	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

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Tuesday continued				
Drop-In Clothes Bank 10am to 11am	29 Oct	Is your child in need of some clothes? Come along to our clothes bank and take the items you need. No booking required.		St Ives Child and Family Zone
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone
Stay and Play: 50 Things 1pm to 2.30pm 	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play: 50 Things 1.30pm to 3pm 	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

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Wednesday				
Stay and Play 9.15am to 10.45am	2, 9, 16 Oct	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Sensory Babies 10am to 11.30am	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

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Wednesday continued				
Sensory Babies 1.30pm to 3pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play 1.45pm to 3pm	2, 9, 16, 23 Oct	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB
Pop Up Let's Get Spooky 2pm to 3pm	30 Oct	A themed stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	The Pavilion The Boulevard Alconbury Weald PE28 4XB
Pathway to Parenting 3pm to 5pm	2, 9, 16, 23 Oct	Pathway to Parenting is a face-to-face interactive program, covering lots of topics to help you prepare for birth, and parenthood. Suitable for parents from 20 weeks gestation. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre

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Thursday				
Peep Group 9.30am to 11am	3, 10, 17, 24 Oct	<p>A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years.</p> <p>24 Oct - Tiny Tooth For the last 30 minutes of the group, we'll spend some time talking about how to look after your baby's teeth, and where to go when you need help.</p> <p>To book a space please call 01480 375216.</p>	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Introducing Family Foods 9.45am to 10.45am		<p>A workshop to find out more about how to introduce your baby to your family foods.</p> <p>10 Oct – Huntingdon Youth, Child and Family Centre 17 Oct – Eaton Socon Child and Family Centre</p> <p>To book a space please call 01480 372700.</p>	B	Various locations - <i>please see description</i>
Little Explorers 10am to 11.30am	Weekly	<p>A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	Eaton Socon Child and Family Centre
Stay and Play 10am to 11.30am	Weekly	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	St Ives Child and Family Zone

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Thursday continued				
Infant Feeding Drop-In 10am to 11.30am	10, 24 Oct	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome. No booking required.		Huntingdon Youth, Child and Family Centre
Somersham Stay and Play 10am to 11am	3, 10, 17, 24 Oct	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Somersham Victory Hall Parkhall Road Somersham PE28 3HE
Pop Up Cats, Bats and Hats 10am to 11.30am	31 Oct	A themed stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
Self-Weigh 10.30am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		St Ives Child and Family Zone
Peep Group 1pm to 2.30pm	3, 10, 17, 24 Oct	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months. 24 Oct - Tiny Tooth For the last 30 minutes of the group, we'll spend some time talking about how to look after your baby's teeth, and where to go when you need help. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE

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Thursday continued				
Drop-In Antenatal Session for Teenage Parents 1.30pm to 3pm	17 Oct	A friendly, informal session run by our local Teenage Pregnancy Midwife, Nikki, with an opportunity to chat about your journey as young parents. Suitable to expectant parents under 20 years. No booking required.		Eaton Socon Child and Family Centre

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Friday				
Self-Weigh 9.30am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eaton Socon Child and Family Centre
Breastfeeding Drop-In 10am to 11.30am	Weekly	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding. No booking required.		Eaton Socon Child and Family Centre
Pop Up Room on the Broom Stay and Play 10am to 11am	25 Oct	A themed stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Four to Explore 10.30am to 12 noon	Weekly	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 4 Oct – Harvest Festival 11 Oct – Autumn Animals 18 Oct – Room on the Broom 25 Oct – Halloween To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone

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Friday continued				
Four to Explore 10.30am to 12 noon	Weekly	A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 4 Oct - Harvest Festival 11 Oct – Let’s Get Physical 18 Oct – Little Builders 25 Oct – Halloween To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
Self-Weigh 12.30pm to 2pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Sawtry Child and Family Zone
Drop-In Clothes Bank 1pm to 2.30pm	25 Oct	Is your child in need of some clothes? Come along to our clothes bank and take the items you need. No booking required.		Eaton Socon Child and Family Centre
50 Things Friday 	Weekly	50 Things To Do Before You’re Five seeks to help every child reach important health, learning, and wellbeing milestones. We will be sharing activity ideas from the 50 Things To Do Before You’re Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost.		Facebook post:  

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Saturday				
Something on a Saturday 10am to 11.30am	26 Oct	A stay and play session for families who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

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Free

COURSES FOR PARENTS

Resolving parental conflict



It's not unusual to have disagreements in a relationship, but when they spill out into family life, they can be emotionally damaging to children.

Family Hubs are offering free courses for Cambridgeshire and Peterborough parents who are experiencing relationship conflict and want to improve their communication with each other.

- **Improve the communication with your partner to support your children**

Friday 4 October, 12-1pm & Friday 11 October 12-1pm

To sign up to a course visit <https://forms.office.com/e/I2sVr8V9km>

- **Improve the communication with your ex-partner to support your children**

Wednesday 16 October 6:30 -7:30pm & Wednesday 23 October 6:30 -7:30pm

To sign up to a course visit <https://forms.office.com/e/I2sVr8V9km>

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Suitable for
babies up to
1 year and
pregnant
mums too!

**Wednesdays
12.30pm to 2pm**

**St Ives Child
and Family Zone
Broad Leas Centre
St Ives
PE27 5QB**

Cambridgeshire
**Child and Family
Centres**

**£2 per session -
Concessions
available**



**BABY
TINIEST FEET
GROUP**

To book a space call:
01480 372700

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no booking
required

SENSORY SEND GROUP



**Huntingdon Youth
Child and Family Centre**

Sallowbush Road, Huntingdon PE29 7AF

Mondays

1.30pm to 3pm

A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment.

Siblings welcome.






Cambridgeshire
**Child and Family
Centres**



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	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact childandfamilycentre.hunts@cambridgeshire.gov.uk for a chat with one of our staff.</p>
	<p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.</p>
	<p>Five to Thrive 'The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p>Breastfeeding Support</p>	<p>Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding</p>
<p>Are you concerned about the safety of a child?</p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p>Support for Young People</p>	<p>Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com</p>

Have Your Say about
Cambridgeshire Child and Family
Centre Services



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Our Opening Times

Eaton Socon Site	Eynesbury Site	
<i>Tuesday, Wednesday, and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>	<i>Monday 9.30am to 2.30pm</i>	
Sawtry Zone	Ramsey Zone	
<i>Monday 9.30am to 2pm Friday 9.30am to 2pm</i>	<i>Tuesday 10am to 2pm Thursday 10am to 1pm</i>	
Huntingdon Nursery Site	Huntingdon Youth Centre Site	St Ives Zone
<i>Monday to Friday 10am to 3pm (by appointment only)</i>	<i>Monday, Tuesday, Wednesday, Friday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>	<i>Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>

Contact Us

Get In Touch		
St Neots Child and Family Centre Eaton Socon Site 01480 372700	St Neots Child and Family Centre Eynesbury Site 01480 372700	
Sawtry Child and Family Zone 01480 372700	Ramsey Child and Family Zone 01480 372700	
Huntingdon Child and Family Centre Huntingdon Nursery Site 01480 375216	Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site 01480 372700	
St Ives Child and Family Zone 01480 372700		
Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk		



Follow us on Instagram -
[@childandfamilycentres.hunts](https://www.instagram.com/childandfamilycentres.hunts)



'Like' our Facebook page -
Huntingdonshire Child
and Family Centres



Find us on YouTube -
Cambridgeshire Child
and Family Centres



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