

# PARENTING IN THE DIGITAL AGE

**A free talk/workshop with Dr Susie Davies - 26th November 7pm**

**Worried about your child's smartphone use?**

**Wondering what age to give them their first phone?**

**Wondering how to raise the issue with your child's school?**

**You're not alone - more than 1300 parents/carers have joined *Cambridgeshire Smartphone Free Childhood* with questions like this in the last 8 months.**

**Join us for a free event with GP and author *Dr Susie Davies* where she'll unpack some of the complex issues around smartphone use and, in a non-judgmental way, help you find solutions that work for your family.**

**Hosted by *Cambridgeshire Smartphone Free Childhood*, with support from the leading screen free *Heritage School*, Q&A session and information about how you can get involved - so that together we can make a difference.**

**WHEN:** 26th November 2024  
**TIME:** 1900-2030  
**WHERE:** Lady Mitchell Hall, Sidgwick Ave, CB3 9DB  
**COST:** Free - please use QR code to book a spot

**BOOK YOUR SPOT**

