

























Spring / Summer Menu Week 1

5th May, 26th May, 16th June, 7th July, 8th Sept, 29th Sept, 20th Oct 2025

Eativerse
A UNIVERSITY OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad 	Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie & Home-baked Potato Wedges	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Rainbow Vegetable Lentil Pitta Pockets & Hummus ^{VG}  	Vegetable & Bean Quesadilla, Chips  
Filled Sandwich Picnic Box	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn 	British Red Tractor Garden Peas, Sliced Carrots 	Broccoli, Cauliflower & Carrots 	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato Cheese, or Beans  
Dessert	Banana Mousse & Orange Smiles 	Marble Sponge ^{VG} & Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VG} 	Vanilla Cookie ^{VG}	Iced Sponge Cake with Sprinkles

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VE


















England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring / Summer Menu Week 2

21st April, 12th May, 2nd June, 23rd June, 14th July, 15th Sept, 6th Oct, 27th Oct 2025

Eativerse
A universe of nutritious dishes

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Veggie Sausage with Mash & Gravy Vg 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Cheesy Bean Pitta 	Crispy Vegetable Fingers & Chips Vg
Filled Sandwich Picnic Box	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans 	Jacket Potato with Cheese or Beans 	Jacket Potato with Cheese or Beans 	Jacket Potato with Cheese or Beans 	Jacket Potato with Cheese or Beans 
Dessert	Banana Cake Vg & Custard 	Shortbread & Orange Slices Vg 	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily Fish



Vegan

VE



























England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagne & Garlic Bread 	Roast Chicken Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Chinese Sweet Chilli Quorn Stir Fry & Mixed Rice ^{VG}  	Mediterranean Vegetable & Chickpea Stew & Roast Potatoes ^{VG}  	Bean Burrito & Potato Wedges ^{VG} 	Cheese & Onion Puff Pastry Roll
Filled Sandwich Picnic Box	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese	Ham or Cheese
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  	Jacket Potato with Cheese or Beans  
Dessert	Strawberry Mousse & Fruit Slices 	Chocolate Cookie & Orange Wedges ^{VG} 	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VG} & Chocolate Sauce	Homemade Jam Sponge & Custard

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



30% fruit



Oily fish



Vegan

VE

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.