



## Earith Primary School

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11<sup>th</sup> September 2025

Dear Parents,

We recently wrote to you about an exciting addition to our whole school PSHE curriculum: *Zones of Regulation*.

As we teach *Zones of Regulation*, children should be better equipped to understand their body signals, emotions and therefore their behaviours.

There will also be some children in school who would benefit from more bespoke support with their emotional and social development. We will be using the **Thrive Approach** (see attachment) to provide this support.

Miss Attree has recently completed her training as a *Thrive Licensed Practitioner* and will deliver regular 1:1 sessions to individuals and where appropriate, small groups. Working closely with their class teachers, Miss Attree will be using the *Thrive* diagnostic tool to assess and respond to the specific needs of the children she meets with. We will be implementing targeted action plans of practical strategies and activities to support wellbeing and learning.

If your child has been identified as someone that may benefit from individualized *Thrive* sessions, Miss Attree & I *will reach out to you beforehand* to make you aware; gain your consent and to share ways that you may be able to further support at home. We know that your partnership will be invaluable.

If you have any further questions, please do not hesitate to contact me.

Best wishes,

Mrs Barber

Pastoral Lead