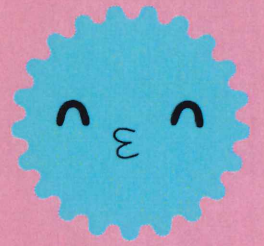


**Barking &  
Dagenham  
Family  
Hubs**

# Parent & Carer Forum



## Have your say

Have you ever felt that access to support for you and your child could be delivered in a better way?

**If you said yes to the above, we want to hear from you!**

Whether you are a parent, carer, mum or dad to be, we are looking for volunteers to help shape and improve our services, It is an opportunity to meet new people

- You decide how much time you can get involved
- You decide what matters most
- You can make a difference



**For more information, or to sign up to our mailing list email:**  
**parentcarerpanel@lbbd.gov.uk**

