



My Active Calendar



Being at home gives us lots of new challenges, but no matter where we are, it is always important we keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game for every weekday throughout January. Follow these steps to help you:

- Go to www.getset4pe.co.uk and click on the Active Families tab at the top of the page.
- Pick an active game and play it (if you love a game you can play it again another day).
- Write the name of the game you played onto your active calendar and enter an emotion face to show how it made you feel.

www.getset4pe.co.uk

My Active Calendar

January 2021

Name: _____

MON


TUE

WED

THU

FRI


4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29




I feel awesome



It was ok



This isn't the game for me



Yay, you did it!