



Dear Parents / Carers,

Many of you will already know that Easterside Academy is a 'THRIVE' school and uses the 'Thrive Approach' to support all its pupils with their **emotional and social development**. Following the pandemic the use of this approach is vital and is a key part of our priorities this year and the work we do in school, day in, day out. With this in mind I want to take this opportunity to make sure all our families know what 'Thrive' is and how it supports your child.

The Thrive Approach

The Thrive Approach has evolved over the last 25 years, providing those who work with children and young people with the knowledge, skills and tools to optimise social and emotional development. Thrive is committed to supporting and encouraging the development of confident, curious, creative and capable children and young people who are open to learning and better equipped to deal with life's ups and downs.

Building Positive Relationships

The connections children and young people have with the adults around them is key. Repetition of positive experiences developed through Thrive activities supports their development, helping them to:

- feel good about themselves and know that they matter
- increase their sense of security and trust
- increase their emotional wellbeing
- improve their capacity to be creative and curious
- increase their self-esteem and confidence to learn
- learn to recognise and regulate their feelings
- learn to think before behaving in a certain way
- ...and much more.

How does it work?

Appropriate for all children from birth to adulthood, the Thrive Approach draws on the latest research into brain science, child development theory and attachment theory. It helps us to understand how the brain develops, and how parents, teachers and other professionals can best support this development by providing the best experiences for the children at each stage.

Thrive also helps us to better understand the children's needs being signalled by their behaviour. Sometimes children may struggle as a result of temporary setbacks or other, longer term changes in their lives such as a separation, a bereavement, a family illness or accident, or even the arrival of a new baby. They may signal their distress by becoming more withdrawn, or distant, or perhaps more challenging or disruptive, or even by trying too hard to please.



Attendance

Week Beg: 17/01/22 and 24/01/22

The information below tells you the attendance % for each class, for the last two weeks.

Class	%	%
1	92.8	91
2	91	93.5
3	90.9	90.3
4	91.4	92.3
5	99	88.2
6	83	91.5
7	97.6	87.4
8	94.5	90.9
9	91.6	92.9
10	97.4	96
11	90.9	84
12	83.8	93.8

The classes have been coded against the national average.

Red – Way below average
Yellow – Below average
Green – Average or above

Attendance continues to be a problem in school. Please ensure your child comes to school every day unless they are poorly. All the children have lots to catch up on this year due to COVID and we can only do this best when they are in school.

Academy dates are on our Website



Reminder:

Once you are on the new APP, please go to the 'consent'

section and complete the academy **consent forms** electronically.

Thank you.

Staff and governors are committed to the safeguarding and wellbeing of all the children in their care.

If this happens we use Thrive to look beyond the behaviour to give these children the support they need to get back on track. Sometimes they only need a little extra support in class and sometimes they may need additional one-to-one time to help them along.

How will my child be involved in Thrive?

We use a screening tool and activity planning resource called Thrive-Online. This allows us to check that children are working appropriately for their age and to develop the whole group with activities that ensure that they are as emotionally and socially supported as they can be. All class teachers have a Thrive action plan for all the children in their class and build the specific activities into their routines and curriculum.

Using Thrive-Online will also identify any children in need of extra help. If the screening process suggests that your child would benefit from additional one-to-one support from one of our trained Thrive practitioners, we will contact you and, with your consent and involvement, we will carry out a more detailed assessment to develop an action plan that gives specific strategies and activities for supporting your child within our school. The plan will also suggest specific activities that you can do at home, so that together with the school, you can help them through any difficulties they are experiencing.

We understand that some circumstances may be sensitive and confidentiality will be paramount at all times when you are discussing your child's needs with us.

We have four trained Thrive Practitioners in school:

Miss Weetman

Miss Carter

Mrs Coates

Miss Wilkinson

Find out more - There is lots more information on the Thrive website:

<https://www.thriveapproach.com/about-thrive/>



Thrive will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. We have seen some great progress made whilst we've been using the Thrive approach in school!

Some of our Parent Open Mornings have already included 'Thrive Activities' and we hope to continue to do this in the future so you can experience some of what we do first hand. We are also in the process of changing our 'Behaviour Policy' to a 'Relational Policy' that includes the Thrive Approach, and will share with parents once completed.

Thrive activities and our PSHE curriculum, alongside our 'Life Skills' already embedded here at Easterside Academy, aim to ensure that we produce well-rounded, happy and healthy children – ready for the wider world!

Best Wishes

Mrs D Linacre

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