



Eastfield Primary Academy - Directory of Services

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Mental Health

<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Consent Form?</u>	<u>Who will make the referral? (Class teacher, HOC, etc)</u>	<u>Next steps</u>
Compass Go	The Mental Health Support Team works with children, young people, families and educational settings in North East Lincolnshire. We provide support, help and advice for pupils, students and schools for issues related to mental health and wellbeing.	Tel: 01472 494 250 Email: nelincsmhst@compass-uk.org Alexandra Dock Business Centre Fisherman's Wharf Grimsby DN31 1UL https://www.compass-uk.org/services/north-east-lincolnshire-mhsts-new/	yes	Mental Health Lead	They will offer an intervention programme if accepted.
Cudox	Mental Health and Emotional Wellbeing Services We offer therapy and counselling services to one-on-one private practice clients, as well as	Cudox Wellbeing C.I.C. Centre4, Wootton Road, Grimsby, North East Lincolnshire, DN33 1HE	yes	SENCO/ Mental Health Lead	Fill in a brief form before requesting an appointment



	companies of all sizes and to the education sector.	Call us on: 01472 236 672 https://cudox.co.uk/contact/			
Climb4	A not for profit social enterprise. We aim to use training, education and Arts activities to improve health and well-being of vulnerable and disadvantaged people within North East Lincolnshire.	https://www.climb-4-limited.co.uk/ 01472 233688 Ext 270 info@climb-4-limited.co.uk	No	Self-referral	
Fortis	They do creative therapy for one to one sessions, group work and also training for staff. They also deliver courses, workshops and training packages on attachment, trauma, child development, emotional resilience and many more.	https://fortistherapy.co.uk/ enquiries@fortistherapy.co.uk claire@fortistherapy.co.uk Office: 01472 241794	No	SENCO/ Mental Health Lead	Organise a date to come in to school as well as offering virtual sessions.
Kooth	Kooth is an online mental wellbeing community. Access free, safe and anonymous	www.kooth.com	No	Teacher / SENCO/ Mental Health Lead	Online service and accessed at



	support. They also do in school talks to our pupils.				any point - free online resources.
Navigo/open minds	Navigo offer a range of mental health services, including acute and community facilities - as well as specialist support such as older adult's inpatient services; rehabilitation and recovery; community mental health; and an outstanding specialist eating disorder facility	<u>01472 583000</u> 01472 625100 https://navigocare.co.uk/ info.navigo@nhs.net	yes	Self-referral	Access to health professionals and support networks.
Young Carers	YC Service offers one-to-one and group support to children and young people aged 6-18 years old who are living in North East Lincs and caring for someone at home, usually a family member, with physical or mental illness, a disability, and/or a substance misuse problem.	Young Carers Project Carers Support Centre 1 Town Hall Square DN31 1HY 01472 323231	Yes	SENCO/ EWO	Referral form reviewed before offering support.
Young Minds Matter	Young Minds Matter is an emotional wellbeing and mental	01472 252570 lpn-tr.nelymm@nhs.net	Yes	Yes a Referral form is required by	Referral to counselling and a

health service based in North
East Lincolnshire.

teacher / SENCO/
Mental Health Lead

personalised
support package.



YMM Guidance and
Referral Form.docx

Domestic Abuse



<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent Consent form?</u>	<u>Who will make the referral? (Class teacher, HOC, etc)</u>	<u>Next Steps</u>
Blue Door	The Blue Door Support Service which operates from bases in central Scunthorpe, Grimsby and Hull. The service provides support for domestic violence, sexual abuse or rape. The service has Independent Domestic Violence Advisors (IDVAs). This service is for women and men living in North Lincolnshire who are experiencing/have experienced domestic and/or sexual abuse and violence. Provides service users with their options, i.e. housing; criminal and civil options; support service users who have to appear in court as witnesses.	Helpline: 0800 197 47 87 Office: (01724) 841 947 Email: info@thebluedoor.org	Yes	Although The Blue Door accepts self-referrals, they prefer professionals didn't signpost people to them and completed a referral.	Support for the young person and family
NSPCC	The NSPCC is a charity that aims to protect and support children	https://www.nspcc.org.uk	No	Self-referral and professional referral	Support packages for the



	from abuse. They also aim to keep children safe online and help children to get back on track when they have experiences abuse. The charity also supports families that need additional support.	01472 803500			young person. Access to emergency hotline and key worker.
Women's aid	Women's Aid provides support, accommodation, advice, information, training, volunteering, etc., for women, men and children who are experiencing or who have experienced domestic abuse in N E Lincs.	https://www.womensaidnel.org/	No	Referrals can be made by teachers, professionals and other agencies.	Additional training and resources available.
		01472 575757 support@womensaidnel.org			

<u>Drug & alcohol abuse</u>					
<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent Consent Form?</u>	<u>Who will make the referral?</u>	<u>Next Steps</u>

**(Class teacher,
HOC, etc)**

We Are
With You

Who's the service for? This service is for you if: You are living in North East Lincolnshire, You are worried about either your drug or alcohol use, or someone elses.

<https://www.wearewithyou.org.uk/services/north-east-lincolnshire/> Yes



We Are With You
Young Persons refer

01472 806890

Self-Referral &
professional referral.

Tailored
intervention for
the young
person.

Sexual Health & Other Health Services



<u>Name of agency</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent consent</u> Yes on the form	<u>Who will make the referral?</u> <u>(Class teacher, HOC, etc)</u>	<u>Next steps</u>
School Nurse	School nurse is to provide support to our students for all health matters.	https://nelincolnshire-self.achieveservice.com/service/School_Nursing_referral	no	Both child or teacher/ SENCO	The nurse will arrange an appointment with school
Sexual Assault & Referral Centre (SARC)	Individuals will be offered support and guidance, a medical assessment/treatment, a forensic examination, and the opportunity for aftercare referrals into support services.	0330 223 0181 casasuite.sarc@nhs.net	No	Self-referral/call-in	Nurse and support worker will refer onto other helpful services.
Virgin Care	Virgin care supports those who display symptoms of sexual transmitted diseases. Advice can be offered on all types of contraception.	0300 330 1122	No	Self-referral/walk-in clinic	Follow up support on yearly screening and next steps



The service is confidential and available for all age ranges, both male, female and other orientations. Kits can be ordered online, alongside additional support from professionals.

to avoid future transmitted diseases.

SEND

<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent consent?</u>	<u>Who will make the referral? (Class teacher, HOC, etc)</u>	<u>Next steps be</u>
Access Pathway	<p>"Access pathway is a single route for those children and young people up to 19 years where support has already been accessed and tried but further specialist intervention or assessment may be required. This includes children and young people with complex needs across:</p> <ul style="list-style-type: none"> - speech, language and communication - Difficulties with social interaction 	<p>https://www.nelincs.gov.uk/wp-content/uploads/2020/03/Access-Pathway-Process-Explained-a11y.pdf</p> <p>01472 326292 access-pathway@nelincs.gov.uk</p>	no	<p>Professional Referral Only. When completing the access pathway referral, a contact form should accompany this referral.</p>	<p>Support package and additional specialist interventions</p>

-Learning difficulties
 -Neurodevelopmental difficulties
 -Sensory difficulties
 - social, emotional and mental health difficulties."

Barnardos/
 SENDIASS

Providing free, confidential and impartial advice and support to young people and parents/carers of a child in relation to Special Educational Needs and Disability (SEND) living within North East Lincolnshire

<https://www.barnardos.org.uk/what-we-do/services/north-east-lincolnshire-sendiass>

01472 355365
 nelincs@barnardos.org.uk

Yes

Professionals can refer using the referral form or parents and young people can self-refer by calling or emailing the service.

Access to professional agencies, care plan (EHCP), specialised provisions.

FLAG

Children with disabilities have additional needs and the aim of FLAG is to provide them with a safe and supported environment where they can meet and play

<http://www.flaggrimsby.co.uk/about-us.php>

Young adults
 - yes

We accept referrals from the children themselves, parents/carers, the local authority or

An appointment will be made with young adult.



	with their friends and develop recreational and independence skills. These activities take place at Strand Street School under the care and supervision of qualified and experienced staff.	0794 462 7352 office@flaggrimsby.co.uk		other outside agencies.	
Foresight	The Children Scheme is aimed at Young People 8 to 17 Years that have a disability and/or learning difficulty. The activities are there to provide something fun and stimulating to all Young People that use the facility.	01472 269666.	No	Self-referral	Long-term support delivered by the charity.
Young Peoples Support Service (YPSS)	YPSS is part of North East Lincolnshire Council. They are a signposting service for 13-19 years old and up to 25 years of age for young people with special educational needs. They offer impartial information, advice and guidance to help you make informed choices about careers, further education, training and	https://www.nelincs.gov.uk/young-people/school-and-college-life/if-you-need-advice/ 01472 313131 admin.yps@nelincs.gov.uk	No	Self-referral and professional referral	Appointment will be made to go over referral.



employment. YPSS also offer support with any personal or welfare advice you require. For further information or to book an appointment with an adviser please see the contact details below.





Family Support



<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent consent?</u>	<u>Who will make the referral? (Class teacher, HOC, etc)</u>	<u>Next Steps</u>
Catzero	The organisation is designed and built for families and young people who may have low self-esteem and confidence. This can also restore relationships with key family members. At the end of a challenging eight-week land based development programme, that people take part in the sail, which provides reflection, challenge, teamwork - and a great reward. It truly brings their change to life!	01482333303 info@catzero.org www.catzero.org	Yes	SENCO	Eight-week programme, possibility of a 10 day sail working alongside business people and sailors. Extensive support network.
Centre 4	Advice and Support on: Benefits, Debt and Money, Housing, Relationship and Family advice, Employment, We also help with form filling	https://www.centre4.org.uk/Advice_available_at_Centre4 enquiries@centre4.org.uk 01472 236688	No	Walk-in Some are agency referral.	Advice and support. Access to the community hub. Job searches






CRUSE	Support with bereavement and loss.	http://www.mydoorstep.org.uk/i-need-help/professionals/	Yes	Self-referral	<p>Emergency access points.</p> <p>Look at options available for support through a phone call.</p>		
<p>The national helpline is open Monday-Friday 9.30-5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when we're open until 8pm. National Helpline: 0808 808 1677 Local Helpline: 07867 312658</p>		Doorstep	Support with housing, homeless prevention and food banks.	https://www.nelhrsgateway.org.uk/Data/ASPPages/1/264.aspx	No	<p>The online referrals are for agencies only. If you are threatened with homelessness, you need to contact the Home Options Team</p>	<p>Future support packages and guidance.</p>
<p>01472 321444 07718494660</p>							

<p>Front Door (MASH)</p>	<p>Front Door offers services for children, young people, and families from pre-birth to adulthood. Locality Family Hubs are for everyone, including support for children with additional needs.</p>	<p>01472 326292 (option 2)</p>	 <p>MARF (CSC).doc</p>	<p>YES</p>	<p>Telephone 01472 326296 option 1.</p>	<p>Professionals: Teachers, SENCO/ Mental Health Lead/, DSL, Social workers.</p>	<p>Support from single assess point, professional agencies, health visitors etc.</p>	
		<p>The new Integrated Threshold-of-Need-Front door - sept 20 2020-COMplete-A11</p>	<p>MARF FORM will need to be completed.</p>	<p>Young Carer Project</p>	<p>Young Carer`s Service offers one-to-one and group support to children and young people aged 6-18 years old who are living in North East Lincs and caring for someone at home, usually a family member, with physical or mental illness, a disability, and/or a substance misuse problem.</p>	 <p>Young Carers Referral Form_Feb20</p>	<p>SENCO/ Mental Health Lead/ Teachers</p>	<p>Support for the Young carer</p>



YMCA	<p>The Charity provides a variety of services to support residents including; Supported Accommodation for up to 109 people at our Peaks Lane, Foyer and Community House sites. Training, education and employability programmes to help move our residents forward in their lives. They also offer the At One Project to young people ages 16 up to 35, which consists of counselling, group work and support with getting into work or volunteering.</p>	<p>https://oneymca.org/</p> <p>YMCA Peaks Lane : (01472) 359 621 YMCA: Humber (01472) 580550</p>	No	Self-referral and professional referral
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CCE

<u>Name of agency (A-Z)</u>	<u>What are they for?</u>	<u>Contact details</u>	<u>Parent consent?</u>	<u>Who will make the referral? (Class teacher, HOC, etc)</u>	<u>Next steps be?</u>
Humberside Police Intelligence Unit	Humberside Police have created a new Partnership Information Form (PIF) which is electronic and in a simple format, which has been well received by those that submit intelligence to the Police.	https://www.reportingcrime.uk/HPPartnershipIntelligence/  PIF Guidance Document.docx	n/a	n/a	INTELL sharing only , the Police may make contact for further information
GRAFT/ MASH	Support/ screen all Exploitation.	 N E Lincs  Guidance on exploitation process completing N E Linc:	YES	Any staff / support from DSL`s	Screen at the Front Door, discussed at OVM



N E Lincs
Exploitation Risk As: Reduction Plan (to k



Example of a Risk