



Forest School

Forest school allows children to learn outdoors in our small forest area. They explore, gain knowledge and understanding of nature. Sessions can be either small groups, focused groups, or whole class groups as a hook for their new topic.

Forest school is beneficial for children in so many ways:

- They learn new skills
- Builds resilience
- Increases motivation and concentration
- Encourages problem solving
- Builds resilience
- Builds confidence
- Gives the children a sense of achievement

Activities may include:

- Knot tying
- Identifying plants, trees, or mini beast
- Story telling
- Den building
- Imaginative play
- Exploring
- Making fires
- Cooking

Forest school is an excellent way to learn in a different environment. Children show they not only enjoy being outdoors but thrive and most of all have lots of fun.