Keeping Our Children Safe Online Top Tips

Talk

Talk to your children about what they are doing online and how they are using their devices and what games they are playing. Talk regularly as things will change quicker than you expect.

Content

Check the content of the games your children are playing. Some of them can seem innocent but check the sorts of messages and conversations which are happening on the games as well as what the game involves. Like films, games have age ratings as a guide to help indicate who the games are appropriate for. Look into the games before allowing your child to play.

Websites like the following will give you an insight into the content:

- <u>https://www.commonsensemedia.org</u>
- <u>https://www.net-aware.org.uk</u>

Privacy

Check privacy settings on sites/games such as 'youtube', 'Fortnite'. Set privacy settings to 'private' so that children can only play/share with people they know.

Filtering

Set parental controls in order to help restrict the content they can see and access on their devices at home. This may be on laptops, tablets and devices such as an Xbox. This can be done through your mobile network and your broadband privacy. Please note, these filters will not stop or prevent everything but they are certainly a starting point.

The sites below will help give guidance as to how to do this.

- <u>https://www.internetmatters.org/parental-controls/</u>
- <u>https://www.saferinternet.org.uk/advice-centre/social-media-guides</u>

Report

If something bad/inappropriate happens then **report and block**. Most social media sites and games have a report or block button.

Ensure children know what to do if something does happen that they don't like or they see something which upsets them. Ensure they know they should stop playing and show/talk to a trusted adult.

