

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<b>RECEPTION</b>	<b>BIKEABILITY</b> 6 weeks	<b>MOVEMENT &amp; SEQUENCE</b>	<b>STRENGTH &amp; BALANCE</b>	<b>STRENGTH &amp; BALANCE</b>	<b>OBJECT CONTROL</b>	<b>OBJECT CONTROL</b>
<b>YEAR 1</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>DANCE</b> <b>GYM</b>	<b>DANCE</b> <b>GYM</b>	<b>GAMES</b> - Net/Wall <b>GYM</b>	<b>GAMES</b> - Striking & Fielding <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Cristiano Ronaldo</b> (Footballer - Portugal)	<b>Max Whitlock</b> (Gymnast - Britain)	<b>Joanne Clifton</b> (Dancer - Britain)	<b>Venus Williams</b> (Tennis Player - USA)	<b>Usain Bolt</b> (Athlete - Jamaica)	<b>Stephen McGuire</b> (Boccia - Scotland)
<b>YEAR 2</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>DANCE</b> <b>GYM</b>	<b>DANCE</b> <b>GYM</b>	<b>GAMES</b> - Net/Wall <b>GYM</b>	<b>GAMES</b> - Striking & Fielding <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Tanni Grey-Thompson</b> (Athlete - Britain)	<b>Kōhei Uchimura</b> (Gymnast - Japan)	<b>Diversity</b> (Dance - Britain)	<b>Gabby Douglas</b> (Gymnast - USA)	<b>Michellie Jones</b> (Triathlete - Australia)	<b>Claire Taggart</b> (Boccia - Britain)
<b>YEAR 3</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>DANCE</b> <b>GYM</b>	<b>DANCE</b> <b>GYM</b>	<b>GAMES</b> - Net/Wall <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Steve Redgrave</b> (Rower - Britain)	<b>Svetlana Khorkina</b> (Gymnast - Russia)	<b>Darcey Bussell</b> (Dancer - Britain)	<b>Ragnhild Myklebust</b> (Skier - Norway)	<b>Neymar da Silva Santos Júnior</b> (Footballer - Brazil)	<b>Andrew Flintoff</b> (Cricketer - Britain)
<b>YEAR 4</b>	<b>SWIMMING</b>	<b>SWIMMING</b> (10 sessions)	<b>DANCE</b> <b>ATHLETICS</b>	<b>GAMES</b> - Net/Wall <b>GYM</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Michael Phelps</b> (Swimmer - USA)	<b>Rebecca Adlington</b> (Swimmer - Britain)	<b>Kelly Holmes</b> (Athlete - Britain)	<b>Steffi Graff</b> (Tennis Player - German)	<b>Ahmed Elgendy</b> (Pentathlete - Egyptian)	<b>Ryley Batt</b> (Wheelchair Rugby - Australia)
<b>YEAR 5</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>DANCE</b> <b>GYM</b>	<b>DANCE</b> <b>GYM</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>SWIMMING</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Chris Hoy</b> (Cyclist - Britain)	<b>Anna Pavlova</b> (Gymnast - Azerbaijan)	<b>Kevin Clifton</b> (Dancer - Britain)	<b>Jacqueline Joyner-Kersey</b> (Heptathlete - USA)	<b>Trischa Zorn</b> (Swimmer - USA)	<b>Lionel Messi</b> (Footballer - Argentina)
<b>YEAR 6</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>DANCE</b> <b>GYM</b>	<b>DANCE</b> <b>GYM</b>	<b>SWIMMING</b>	<b>GAMES</b> - Invasion <b>ATHLETICS</b>	<b>GAMES</b> - Invasion <b>GAMES</b> - Striking & Fielding
Significant Individual	<b>Michael Jordan</b> (Basketball Player - USA)	<b>Simone Biles</b> (Gymnast - USA)	<b>Fred Astaire</b> (Dancer - USA)	<b>Béatrice Hess</b> (Swimmer - France)	<b>Jessica Ennis Hill</b> (Athlete - Britain)	<b>Sachin Tendulkar</b> (Cricketer - India)