

## Overview – Year 6 – Invasion Games unit

**Focus:** The unit aims to encourage children to:

- \* choose, combine and perform skills more fluently and effectively in invasion games;
  - \* understand, choose and apply a range of tactics and strategies for defence and attack;
  - \* use these tactics and strategies more consistently in similar games
- to understand why exercise is good for their fitness, health and well-being;
- \* understand the need to prepare properly for games;
  - \* to develop their ability to evaluate their own and others' work, and to suggest ways to improve it.

**QCA Core Tasks-** Modified versions of football, hockey, rugby, netball & basketball. 3v2, 4v2, 3v3 & 4v4

**Vocabulary:** In this unit children will have an opportunity to use a range of words and phrases, such as: possession, repossession; attackers, defenders; marking; covering; supporting; team play, team positions.

**Differentiation:** Through outcome and adult expectations and support.

**Assessment:** By observation against learning outcomes and through discussion with children.

**Resources:** Cones for marking playing areas & scoring targets; a variety of balls suitable for playing different type invasion games, Unihoc sticks.

Lesson 1	Lesson 2	Lesson 3
<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* understand and comply with rules of modified games;</li> <li>* select &amp; apply appropriate techniques for travelling, sending &amp; receiving;</li> <li>* lead others in a warm up.</li> </ul>	<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* comply with rules of modified games;</li> <li>* perform attacking skills with greater speed, control and accuracy;</li> <li>* observe others' play, identify successful techniques &amp; tactics and something that needs improving.</li> </ul>	<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* comply with rules of modified games;</li> <li>* select the best formation / tactics to sustain an attack;</li> <li>* increase opportunities to score goals / points from a distance and from close range.</li> </ul>
<b>Warm up</b> – Group warm ups	<b>Warm up</b> – Group warm ups	<b>Warm up</b> – Group warm ups
<b>Skill focus</b> – Attacking/defending [3v1]	<b>Skill focus</b> – Attacking/defending [3v2]	<b>Skill focus</b> – Attacking & defending
<b>Games Playing</b> – Attacking/defending [3v3]	<b>Games Playing</b> – As Lesson 1	<b>Games Playing</b> – Attacking & defending, retaining possession
<b>Cool down</b> – Team Talks	<b>Cool down</b> – Health related activity	<b>Cool down</b> – Team Follow-my-Leader
Lesson 4	Lesson 5	Lesson 6
<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* comply with rules of modified games;</li> <li>* tackle an opponent to gain possession;</li> <li>* suggest ideas on how to improve as an individual and as a team.</li> </ul>	<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* comply with rules of modified games;</li> <li>* use a variety of techniques to regain possession;</li> <li>* select the best opportunity to tackle.</li> </ul>	<p><b>Learning Outcomes</b></p> <ul style="list-style-type: none"> <li>* comply with rules of modified games;</li> <li>* attack and defend more skilfully;</li> <li>* identify aspects of their own and others' performance that need improving.</li> </ul>
<b>Warm up</b> - Tails	<b>Warm up</b> – Pairs, passing & dribbling	<b>Warm up</b> – As Lesson 5
<b>Skill focus</b> – Cross the River [4v2 or 3v3]	<b>Skill focus</b> – As Lesson 4	<b>Skill focus</b> – Cross the River [4v2 or 3v3]
<b>Games Playing</b> – As Lesson 3	<b>Games Playing</b> – Boarder Raiders [4v4]	<b>Games Playing</b> – Boarder Raiders [4v4]
<b>Cool down</b> - Team Follow-my-Leader	<b>Cool down</b> – Questions and Answers	<b>Cool down</b> - Discussions