



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap Served with Rice	Sausage and Mashed Potato with Gravy	Roast Gammon and Stuffing served with; Roast Potatoes and Gravy	Chicken Stroganoff and mashed potatoes	Fish Cake or Salmon Fish Cakes and Chips
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with Wedges	Sweet Potato and Vegetable Pie with Gravy	Vegetarian Sausage, Stuffing, Roast Potatoes with Gravy	Spanish Vegetable One Pot	Homemade Cheese Omelette and Chips
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit Or Fruit Pot	Orange Shortbread Or Fruit Kebabs	Ice cream Or Fruit Boat	Strawberry Flapjack Or Fruit Pot	Viennese Whirl Or Fruit boat
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese Pizza and Wedges	Minced Beef and Onion Pie and Mashed Potato	Roast Chicken served with Mashed Potatoes, Yorkshire Pudding and Rich Gravy	Roast Gammon, New Potato and Cauliflower Cheese	Fish and Chips
Vegetarian Main Course	Spring Vegetable Pasta	Quorn Veg Curry and Rice	Spanish Vegetable Tortilla	Macaroni Cheese	Cheese and Onion Pie and Chips
Vegetables	Beans & Sweetcorn	Savoy Cabbage & Baton Carrots	Green Beans & Ring Carrots	Sweetcorn & Carrots	Garden Peas & Baked Beans
Dessert	Ginger Sponge with Cream OR Fruit pot	Oat Biscuits OR Fruit Kebabs	Ice Cream OR Fruit Boat	Pineapple Upside Down Cake and Custard OR Fruit Pots	Beetroot Brownies OR Fruit Boat
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with Choice of fillings Cheese, Tuna, Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheese and Tomato Naan Bread Pizza served with Potato Wedges	Chicken Curry served with Boiled Rice	Roast of the Day, Yorkshire Pudding and Roast Potatoes served with Rich Gravy	Beef Bolognese served with Wholemeal Pasta	Fish of the Day served with Chips and a Lemon Wedge
Vegetarian Main Course	Green Cuisine Meatballs in a Homemade Tomato Sauce served with Spaghetti	Cheese and Red Pepper Quiche with Coleslaw and Salad	Vegetarian Fillet served with a Yorkshire Pudding and Roast Potatoes	Vegetable Fajita's served with Mixed Salad	Cheese Whirl served with Chips
Vegetables	Beans & Sweetcorn	Diced Swede & Green Beans	Cauliflower & Carrots	Savoy Cabbage & Mashed Swede	Baked Beans & Green Beans
Dessert	Banana Muffins Or Fruit Salad	Lemon Drizzle Cake Or Fruit Boats	Chocolate Shortcake Biscuit Or Fruit Kebab	Apricot Flapjack Or Fruit Salad	Strawberry Jelly Or Fruit Pot
Selector 1	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen	Pasta Kitchen

Fresh Baked Jacket Potato with Choice of fillings Cheese, Tuna, Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily

Fresh Bread, Cheese & Crackers, Salad Selection, Fresh Fruit and Yoghurts available daily

