



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Homemade Cheese & Tomato Pizza served with Crispy Potato Cubes & Homemade Coleslaw (CELERY, MILK, GLUTEN, EGG, SOYA)	Spaghetti Bolognaise served with Garlic Bread (SOYA, MILK, GLUTEN)	Roast Pork, Yorkshire Pudding served with Roast Potatoes and Gravy (GLUTEN, EGG, MILK, SO2, SOYA, MUSTARD)	Homemade Chicken Curry served with Rice (CELERY)	Traditional Fish Cake or Salmon Fish Cake served with Chips (GLUTEN, FISH)
Vegetarian Main Course	Vegetable Fingers served with Crispy Potato Cubes (GLUTEN)	Cheese & Spring Onion Stuffed Potato Shell (MILK)	Quorn Sausage served with Yorkshire Pudding, Roast Potatoes and Gravy (MILK, GLUTEN, EGG, SO2)	Vegetarian Cottage Pie served with Gravy (GLUTEN, SO2, EGG)	Cheese & Tomato Whirls served with Chips (GLUTEN, EGG, MILK, SO2)
Vegetables	Peas & Sweetcorn	Carrots & Peas	Broccoli & Carrots	Cauliflower & Green Beans	Garden Peas & Baked Beans
Dessert	Fruity Flapjack (GLUTEN) Or Fruit Pot	Butterfly Fruit Cupcake (GLUTEN, MILK, EGGS) Or Fruit Kebabs	Strawberry Angel Delight (MILK) Or Fruit Boat	Chocolate Crunch & Custard (GLUTEN, EGG, MILK) Or Fruit Pot	Ice Cream (MILK) Or Fruit Boat
Pasta Kitchen	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)
Grab n Go				Chicken & Sweetcorn Mayo Pitta Bread (GLUTEN, EGG)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of bread
(Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese served with Homemade Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Sausage and Mash with Gravy (GLUTEN, SO2)	Roast Turkey served with Mash Potato and Gravy (MILK, SO2)	Italian Fillet Chicken Breast Burger served with Herby Cubed Potatoes (GLUTEN, SESAME)	Fish Fingers served with Chips (FISH, GLUTEN)
Vegetarian Main Course	Oriental Vegetable Stir Fry with Egg Noodles (GLUTEN, SOYA, EGG)	Spanish Vegetable One Pot (EGG, MILK, SO2)	Broccoli and Cauliflower Hotpot served with Gravy (GLUTEN, MILK, SO2)	Vegetable Fajitas served with Herby Cubed Potatoes (GLUTEN, CELERY)	Cheese and Onion Pie served with Chips (EGGS, MILK, GLUTEN, SOYA)
Vegetables	Swede & Peas	Beans & Baton Carrots	Broccoli & Cauliflower	Diced Carrots & White Cabbage	Sweetcorn & Beans
Dessert	Beetroot Brownie (GLUTEN, EGGS, MILK, SOYA) Or Fruit Pot	Fruit Jelly & Cream (MILK) Or Fruit Kebabs	Carrot Cake (EGG, GLUTEN) Or Fruit Boat	Banana Muffin (EGGS, SOYA, GLUTEN) Or Fruit Pot	Cherry Flapjack (GLUTEN, SO2) Or Fruit Boat
Pasta Kitchen	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Grab n Go					

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of bread
(Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Hot Dog with Baked New Potatoes (GLUTEN, MILK, SESAME)	Sweet and Sour Chicken served with Rice (GLUTEN)	Roast Beef served with a Yorkshire Pudding, Roast Potatoes and Gravy (EGGS, MILK, GLUTEN, SO2)	Ham and Cheese Pizza with Baked Wedges (GLUTEN, EGGS, MILK, SOYA)	Gluten Free Fish served with Chips and a Lemon Wedge (FISH)
Vegetarian Main Course	Green Cuisine Meatless Meatballs in a Tomato Sauce served with Spaghetti (GLUTEN, MILK, EGG, MUSTARD)	Veggie Bolognese with Garlic Bread (GLUTEN, MILK, SOYA, MUSTARD)	Vegetarian Fillet served with Yorkshire Pudding & Roast Potatoes (EGGS, GLUTEN, MILK, SO2)	Cheese and Red Pepper Quiche served with Baked Wedges (GLUTEN, EGGS, MILK, SOYA)	Quorn Dippers served with Chips (GLUTEN)
Vegetables	Diced Carrots & Garden Peas	Sweetcorn & Green Beans	Sliced Carrots & Broccoli	Baked Beans & Sweetcorn	Baked Beans & Garden Peas
Dessert	Ginger Biscuit (GLUTEN, MILK) Or Fruit Salad	Strawberry Jelly Or Fruit Boats	Chocolate & Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Salad	Cornflake Buns (GLUTEN, MILK, SOYA) Or Fruit Pots	Ice Cream (MILK) Or Fruit Salad
Pasta Kitchen	Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Grab n Go		Cheese and Tomato Pizza Wrap (GLUTEN, MILK)			

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Egg, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of breads
(Wheat, Soya)
Available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and Yoghurts (Milk)
available daily

