

School News

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No. 18

29th January 2026

DATES FOR YOUR DIARY

Week Commencing 26th January and 2nd February - Local History Weeks

As you may know we always celebrate our Founders Day each year with a special service at St. Mary's Church in Eastry. This year we will be celebrating local history during weeks commencing 26th January and 2nd February which will link to our Inspire Day and Founders Day on the same theme. Each class will spend time in the village looking at the local history within Eastry. They will explore our old school building, church and other buildings and history in the village. This will then be share with parents during our special Founders Day Service on our Inspire Day on 5th February. The service will take place at 2.15pm at St. Mary's Church. Further details regarding arrangements for this day are detailed below.

Friday, 30th January - Year 3 & 4 History Walk in the Village

Friday, 30th January - Girls League and Friendly Matches Home to St. Faith's Kick-offs at 3.00pm

Monday, 2nd February - Girl's Salisbury Cup Football Match Home to Temple Ewell Kick off at 3.00pm

Wednesday, 4th February - Fledglings, Year 1, Year 2 and Year 6 History Walks in the Village

Wednesday, 4th February - Year 6 Leavers' Party Parent's Meeting at 1.45pm in the Library

Year 6 parents and carers are invited to the first meeting to organise the Year 6 Leaver's party. A letter was sent to parents on 13th January and if you are unable to attend, but would like to help, please return the slip attached to the letter.

Thursday, 5th February - Inspire Day 'Eastry Local History' Geography Day

Thursday, 5th February - Founders Day Service at 2.15pm at St. Mary's Church, Eastry

Parents, carers, family and friends are warmly invited to our Founders Day service being held at St. Mary's Church, Eastry on Thursday, 5th February at 2.15pm. During this service the children will be sharing their learning from our Inspire Day and their walk around the village. Children will walk to and from the church with their class and will be dismissed from the school as normal at 3.15pm. We do hope you will be able to join us for this special service.

DATES OF YOUR DIARY (CONTINUED)

Friday, 6th February - Year 5 & 6 mixed Cross Country event at Duke of York's

A small group of children from Year 5 & 6 will be taking part in a Cross Country event at the Duke of York's School.

OTHER NEWS

'Supporting ADHD in the Home'

We are pleased to let you know that we have a 4 week course running in school during March called 'Supporting ADHD in the Home'. This course is run by Adult Education and will be held every Wednesday from 1.00 to 3.00pm in the school hall.

If you would like further information or to enrol on the course, please email office@eastry.kent.sch.uk or call the school on 01304 611360.

SUPPORT AND ADVICE/ONLINE SAFETY SECTION

Online Support Intervention for Child Anxiety

Kent and Medway NHS offer two online parent groups which support with child anxiety and behavioural concerns. Parents can self refer to their services to join these groups. For further information please see the posters included on the last page of our newsletter.

No Netball Club

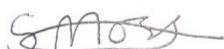
Please note there is no netball club on Monday, 2nd February as Mrs Wood is on a course.

AFTER SCHOOL CLUBS

Week commencing 2.2.2026

MONDAY	
Football Club—Elite (3.15 to 4.15pm)	Yes
Netball Club - Mrs Wood (3.15 to 1.00pm)	NO
TUESDAY	
WEDNESDAY	
Ballet Club - Miss Thomas (3.15 to 4.00pm)	Yes
THURSDAY(
FRIDAY	

Kind regards



Mrs Sarah Moss
Headteacher



North East London
NHS Foundation Trust



Online Support
and Intervention
for Child Anxiety



OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



HOW TO ACCESS OSI

If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.



We are kind.



We are respectful.



We work together with our communities.



Online Parent Groups

Supporting your child with their emotional wellbeing

For parents of children at primary school

Supporting Your Child with Fears & Worries

Are your child's worries and fears starting to impact their day to day life? This course will provide you with an understanding of how fears and worries develop in children, as well as evidence-based strategies and guidance to support your child with overcoming their fears and worries. This online group runs for 6 weeks and are run regularly throughout the year.

Understanding Your Child's Behaviour

Are you currently experiencing difficulties with your child's behaviour? This course will provide you with evidence-based strategies to promote a positive relationship with your child, supporting them with their emotion regulation and addressing any concerning behaviours. This online group runs for 7 weeks and are run regularly throughout the year.

If you would like to attend one of our groups, email

ewtandestenquiries@nelft.nhs.uk



www.nelft.nhs.uk



JOIN OUR ONLINE SPEAK OUT PARENTS SESSION



Your voice matters

Let's shape family support in Kent together!

Share your thoughts and experiences as parents around Online Safety, what's working well for parents, where parents need more support, and how parents support children and young people navigate the digital world

Join one of our 3 online sessions at a time that suits you and your family

**Sessions available:
Wednesday 28th January**

1:30pm - 2:30pm

8pm - 9pm

Saturday 31st January

10am - 11am

Join one of
the 3 sessions
to receive £20
Love2shop
Voucher

JANUARY TOPIC Online Safety

To book follow the link in the description or to find out more contact
partnershipandparticipationteam@kent.gov.uk