

Agencies to support families



Citizens Advice is an independent network that helps people resolve their money, legal, family, consumer and other problems. They provide information and advice and influences government and organizations to bring about change in policies and laws. Their advice is provided free, it is independent, confidential, impartial and available to everyone

If you need help please call 0344 8487978
For general enquiries call 01304 374333
For debt call 01304 202442
For Universal Credit call 01304 202030



Kent Support and Assistance Service may be able to help you if you are having serious difficulties managing your income due to a crisis or if you are facing exceptional pressures because of an emergency. Additionally, they may be able to help if you or someone in your household is returning to the community after living in supported housing, an institution or a care setting. If your application is successful the support offered will be goods and/or services. They do not give money. **Complete the form using the link below** [https://kentcc-self.achieveservice.com/service/Apply for home essentials in a crisis?User ty pe=Public](https://kentcc-self.achieveservice.com/service/Apply_for_home_essentials_in_a_crisis?User_type=Public)



Kent Youth and Child Health

Support with children and young people's health and well-being

TEXT: 07520 618850 (Mon – Fri, 9am – 5pm)

If you are worried or concerned about a health issue and need advice, text the ChatHealth service.

PHONE: 0300 123 4496 (Mon – Fri, 8am – 6pm)

EMAIL: nem-tr.kentchildrenandyoungpeoplehealthservices@nhs.net



Food if in self isolation, quarantine or struggling to provide food.

Email: INFO@DEALAREA.FOODBANK.ORG.UK

Phone 01304 728428.

<https://www.dover.gov.uk/Benefits/Housing-Benefit/Home.aspx>



Struggling with housing or rent payments

<https://www.dover.gov.uk/Benefits/Housing-Benefit/Home.aspx>



The Children and Young People's Mental Health Service (CYPMHS) provides emotional wellbeing and mental health advice and support for young people and their families across Kent.

This service is available to young people from the age of 0-18 (up until their 19th birthday) and up until the age of 25 for young people with special educational needs or as part of a wider network of support for children and young people in the care of the Local Authority

CYPMHS offers advice and support for stress, low mood and depression, anxiety, self-harm or difficult to manage behaviours and support for neurodevelopmental difficulties such as ADHD or ASD.

PHONE: 0300 123 4496



Mind: For support with adult mental health, depression, bereavement, drugs, alcohol abuse

<https://www.mind.org.uk/information-support/helping-someone-else/>

PHONE: 0300 123 3393



Oasis and Raise For support with domestic abuse

For local independent domestic abuse advice in Thanet and Dover call the RAISE Team on 07718657160 open Monday – Friday 9 am to 5 pm. There is an answer machine outside of these hours

Freephone National Domestic Violence Help line on 0808 2000 247.

<http://www.oasisdbservice.org/>

or in an emergency call 999

SAFEGUARDING: If you are concerned about the safety of a child

Partial closure:

Please call the school office on **01304 611360** and ask to speak to Kate Plant or Sarah Moss (DSLs).

Full closure:

Please call Sarah Moss on **07958156729** during school hours (8:00-17:00 Monday- Friday)

Out of Hours

If you are unable to get hold of anyone and there is immediate risk to a child please call

The front door Front Door on (Monday- Friday 9:00-17:00) **03000 41 11 11** or

Out of Hours **03000 41 91 91**

Emergency: call **999** and ask for the police

None urgent messages can be emailed to headteacher@eastry.kent.sch.uk this will be monitored term time Monday- Friday 8:00-17:00