









AGENCIES TO SUPPORT FAMILIES

	<p>Citizens Advice is an independent network that helps people resolve their money, legal, family, consumer and other problems. They provide information and advice and influence government and organizations to bring about change in policies and laws. Their advice is provided free, it is independent, confidential, impartial and available to everyone.</p> <p>General enquiries to Citizens advice, call 0808 278 7961 If you are in a financial crisis, ring 0808 208 2138</p>
	<p>Kent Support and Assistance Service may be able to help you if you are having serious difficulties managing your income due to a crisis or if you are facing exceptional pressures because of an emergency. Additionally, they may be able to help if you or someone in your household is returning to the community after living in supported housing, an institution or a care setting. If your application is successful the support offered will be goods and/or services. Complete the form using the link below</p> <p>https://kentcc-self.achieveservice.com/service/Apply_for_home_essentials_in_a_crisis?User_type=Public</p> <p>In addition they can provide short term assistance to households facing financial hardship as a direct result of the coronavirus pandemic. If you, or someone you know has experienced a reduction in income, loss of employment or suffered financially from coronavirus, then they may be eligible to apply for financial support.</p> <p>IF you have been told to isolate by NHS Test and Trace or via the NHS COVID-19 app, you may be eligible for a £500 Test and Trace support payment.</p>
	<p>Kent Youth and Child Health Support with children and young people's health and well-being TEXT: 07520 618850 (Mon – Fri, 9am – 5pm) If you are worried or concerned about a health issue and need advice, text the ChatHealth service. PHONE: 0800 0113474 (Mon – Fri, 8am – 6pm) EMAIL: nem-tr.kentchildrenandyoungpeoplehealthservices@nhs.net</p>
	<p>Foodbanks are gradually reopening in line with Government relaxation of restrictions. Until one is open in your area, you can get a voucher either from Citizens Advice Deal 01304 374333, or from Bechange Aylesham 01304 840134.</p> <p>Alternatively, you can phone them on 01304 728428 and leave a message. They will contact you within 24 hours to arrange a home delivery or issue you a voucher you can take to an open foodbank centre.</p> <p>You can also just turn up at a foodbank centre during opening hours, and the voucher and food order will be sorted out there.</p>
	<p>If you are struggling with housing or rent payments. This link will also give information on benefits for those affected by Coronavirus.</p> <p>https://www.dover.gov.uk/Benefits/Housing-Benefit/Home.aspx</p>
	<p>Mind: For support with adult mental health, depression, bereavement, drugs, alcohol abuse https://www.mind.org.uk/information-support/helping-someone-else/ Infoline: 0300 123 3393 Email: info@mind.org.uk</p>

	<p>The Children and Young People's Mental Health Service (CYPMHS) provides emotional wellbeing and mental health advice and support for young people and their families across Kent.</p> <p>This service is available to young people from the age of 0-18 (up until their 19th birthday) and up until the age of 25 for young people with special educational needs or as part of a wider network of support for children and young people in the care of the Local Authority</p> <p>CYPMHS offers advice and support for stress, low mood and depression, anxiety, self-harm or difficult to manage behaviours and support for neurodevelopmental difficulties such as ADHD or ASD.</p> <p>PHONE: 0800 011 3474</p>
	<p>Oasis and Raise For support with domestic abuse</p> <p>For local independent domestic abuse advice in Thanet and Dover call the RAISE Team on 07718657160 open Monday – Friday 9 am to 5 pm. There is an answer machine outside of these hours</p> <p>Freephone National Domestic Violence Help line on 0808 2000 247.</p> <p>http://www.oasisdbservice.org/</p> <p>or in an emergency call 999</p>

SAFEGUARDING: If you are concerned about the safety of a child

Out of Hours

If you are unable to get hold of anyone and there is immediate risk to a child please call

Front Door for families (Monday- Friday 9:00-17:00) **03000 41 11 11** or

Out of Hours **03000 41 91 91**

Emergency: call **999** and ask for the police

None urgent messages can be emailed to headteacher@eastry.kent.sch.uk this will be monitored term time Monday- Friday 8:00-17:00