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EASTRY CHURCH OF ENGLAND  
PRIMARY SCHOOL  
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14<sup>th</sup> May 2021

Dear Parents and carers,

As the country moves forward on its road out of lockdown we thought it might be helpful to remind you of the symptoms and what procedures should be taken if your child is unwell, and to clarify when a PCR Test or Lateral Flow Test should be taken.

The main symptoms of Covid-19 are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) (temperature over 37.8 or greater if using a thermometer)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If your child is exhibiting any of the above symptoms you and your household should isolate and you should arrange for them to have a **PCR Test. Please note the Lateral Flow Tests should not be used in this instants as these are for regular testing when you are asymptomatic.** Please inform the school as soon as you have the results even if they are negative.

If your child is unwell please can we remind you to inform the school by 9.00am if they will not be in. This is to ensure the safety of your child and alert you should they not have arrived when expected.

You may have heard on the news that guidance around face coverings in schools is changing. The new guidance however still states that face coverings should be worn where social distancing cannot be maintained and therefore we still request that adults collecting and dropping children off wear a mask whilst they are in the school grounds. We also recommend they are worn around the school gates at drop off and collection as social distancing is hard to maintain here. Thank you for your support in keeping the children, families and staff safe.

Kind regards

Mrs Sarah Moss  
Headteacher