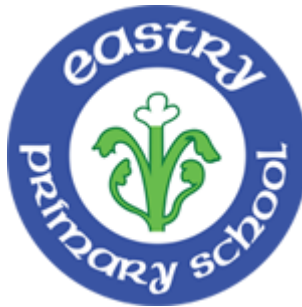


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EASTRY CHURCH OF ENGLAND
PRIMARY SCHOOL
COOKS LEA
EASTRY
SANDWICH
KENT
CT13 0LR

24th January 2023

Dear Parents,

Bikeability Programme for Year 5

We have arranged for Year 5 children, (and any children in Year 6 who didn't complete their training last year), to take part in the Bikeability Programme which gives children an opportunity to learn basic cycling skills. The Programme has been split into two levels over 1 day for each group.

Level 1 – your child will be shown how to control and master their bike. The training takes place in an environment away from cars and traffic. Your child also needs to be able to remove one hand whilst riding in order that they can make any necessary hand signals. If they do not have the balance to do this, they will not progress to Level 2.

Level 2 – your child will be shown how to deal with traffic on short journeys using roads and junctions safely. This training will take place on the roads surrounding the school.

To take part in Bikeability, it is essential your child can ride a bike, has their own roadworthy bike to use and a cycle helmet. Children will need to bring their bike to school on the day. Children may wear their own clothes to school suitable for riding a bike on the day they have bikeability. There is no charge for the programme. The children will be split in to groups of up to 6 children and will do Level 1 in the morning and Level 2 in the afternoon. The dates booked for Bikeability are as follows;

Group 1	Monday 27 th March
Group 2	Tuesday 28 th March
Group 3	Wednesday 29 th March

Children will be told which group they will be in nearer the time and will need to bring their bicycles and helmets to school that day.

If you wish your child to be considered for this programme, would you please complete and sign the attached consent form and return it to the school office on or before **Thursday, 9th February**. **There is a minimum number required for each group, so if we do not reach this number then the course may be cancelled.**

Kind regards,

Sarah Moss
Headteacher

Bikeability Programme for Year 5 (& Year 6)

I give permission for my child to attend the Bikeability Programme.
I understand that training will be in the playground and in public roads.

I will make sure that:

- The bicycle used is safe and roadworthy.
- My child will be wearing a cycle helmet supplied by me.
- My child attends, where possible, all of the training.
- My child will have suitable wet weather/outdoor clothing and footwear.

I also understand that my child would be unable to participate in the training if:

- Any of the above points are not met to the satisfaction of the instructor.
- My child cannot balance satisfactorily whilst riding.
- My child is disruptive during training.
- The instructor considers that my child places themselves, or others, at unacceptable risk.

Child's Name:

Allergies YES/NO* details:

Signature: _____
(Parents/Guardian)

*Please delete as appropriate