whole		Menu - April - October 2025					
meals		Week One	Week Two	Week Three			
REAL	FOOD FOR REAL ENERGY	21/04, 12/05, 09/06, 30/06, 01/09,22/09, 13/10	28/04, 19/05, 16/06, 07/07, 08/09, 29/09	05/05, 02/06, 23/06, 14/07, 15/09, 06/10			
Monday	Option 1	Cheese Slice	Cheesy Pasta	Cheese & Tomato Pizza			
	Option 2	Pasta Provencale	Tomato Pasta	Curried Vegetable Pasty			
	served with	Pasta	Garlic Bread	Pasta			
		Baked Beans & Peas	Mixed Salad & Sweetcorn	Coleslaw & Sweetcorn Salad			
	0 11 2		Jacket Potato with *Cheese & Beans				
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans (
	Dessert	Ice Cream	Ice Cream	Ice Cream			
		Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit			
Tuesday	Option 1	Chicken Fajitas	Beef Tacos	Baked Sausages			
	Option 2	*Mexican Bean Wraps	*Veggie Tacos	Quorn Sausage			
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	served with	Rice	Rice	Mashed Potatoes			
		Carrot Batons & Shredded Lettuce	Roasted Mediterranean Vegetables	Baked Beans & Peas			
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans (a)			
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	Dessert	Krispie Cake Fruit Jelly or Fresh Fruit	Cheeky Chocolate Cake Fruit Jelly or Fresh Fruit	Iced Carrot Cake			
		Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit			
Wednesday	Option 1	Roast Chicken with Yorkshire Pudding	Sausage Roll Slice	Roast Chicken & Stuffing			
	Option 2	Carrot & Lentil Bake	Quorn Sausage Roll	Veggie Meatloaf			
	served with	Roast Potatoes	Roast Potatoes	Roast Potatoes			
	Scived With	Green Beans & Mixed Vegetables	Diced Carrots & Broccoli	Cauliflower & Diced Carrots			
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans			
	Dessert	Orange Flapjack	Oat Cookie	Gooey Chocolate Biscuit			
		Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit			
	Option 1	Meaty Pizza	Pork Meatballs	Gammon Ham			
Thursday	Option 1 Option 2	Vegetable Frittata	Meatless Meatballs	Crunchy Vegetable Crumble			
	Option 2	vegetable i ilitata	Weatless Weatballs	Cruniny vegetable crunible			
	served with	Saute Potatoes	Pasta	Potato Puffs			
		Mixed Salad & Coleslaw	Mixed Vegetables & Green Beans	Cucumber Sticks & Grated Carrot Salad			
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans			
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	Dessert	Iced Lemon Cake	Ginger Cookie Fruit Jelly or Fresh Fruit	Marble Sponge			
		Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit			
Friday	Option 1	Fish Fingers	Fish Fingers	Fish Fingers			
	Option 2	Veggie Nuggets	Veggie Nuggets	Veggie Nuggets			
	served with	Chips or Pasta	Chips or Pasta	Chips or Pasta			
	Scived With	Baked Beans & Sweetcorn	Baked Beans & Peas	Baked Beans & Sweetcorn			
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans (4.5)	Jacket Potato with *Cheese & Beans 🌼			
	Dessert	Cooks Choice	Cooks Choice	Cooks Choice			
		Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit	Fruit Jelly or Fresh Fruit			
Suitable for Vegetarians		All items are subject to availability					
VEGETARIAN							
Suitable for Vegans & Vegetarians			All Items with * can be made Vegan Friendly				
						Contains Fish	
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Whole School Meals CIC – Company Number: 5721609 – Registered address: Almond House, Betteshanger Road, Betteshanger, Deal CT14 0EN							