



Menu - October 2025 - March 2026

		Week One 27/10, 17/11, 08/12, 09/01, 26/01, 23/02, 16/03	Week Two 03/11, 24/11, 12/01, 02/02, 02/03, 23/03	Week Three 10/11, 01/12, 19/01, 09/03, 30/03
Monday	Option 1	Vegetable Pasta Bake	Mixed Bean Wrap	Tomato Pasta
	served with	Garlic Bread Mixed Vegetables	Pasta Peas & Sweetcorn	Garlic Dough Balls Mixed Vegetables
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans
	Dessert	Yoghurt & Fruit Compote Fruit Jelly or Fresh Fruit	Yoghurt & Fruit Compote Fruit Jelly or Fresh Fruit	Yoghurt & Fruit Compote Fruit Jelly or Fresh Fruit
Tuesday	Option 1	Beef Tacos	Chicken Tacos	Mexican Beef Tortilla Bake
	Option 2	Veggie Burrito	Sweet Potato & Spinach Dhal	Veggie Tacos
	served with	Vegetable Rice Carrots & Green Beans	Savoury Rice Broccoli & Mixed Vegetables	Pasta Carrots & Peas
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans
Dessert	Carrot Cake Fruit Jelly or Fresh Fruit	Chocolate Cake Fruit Jelly or Fresh Fruit	Iced Cookie Bun Fruit Jelly or Fresh Fruit	
Wednesday	Option 1	Roast Chicken, Stuffing & Gravy	Roast Pork & Gravy	Sausages & Gravy
	Option 2	Vegetable & Chickpea Tart	Veggie Meatloaf	Quorn Sausage & Gravy
	served with	Rustic Roasties Cabbage & Sweetcorn	Rustic Roasties Swede & Peas	Mashed Potato Sweetcorn & Baked Beans
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans
Dessert	Shortbread Fruit Jelly or Fresh Fruit	Shrewsbury Biscuit Fruit Jelly or Fresh Fruit	Oat Cookie Fruit Jelly or Fresh Fruit	
Thursday	Option 1	Pork Meatballs	Beef Bolognese	Curried Chicken Chunks
	Option 2	Meatless Meatballs	Veggie Bolognese	Vegetable Frittata
	served with	Pasta Broccoli & Carrots	Pasta Carrots & Sweetcorn	Rainbow Rice Cauliflower & Peas
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans
Dessert	Lemon Cake Fruit Jelly or Fresh Fruit	Chelsea Buns Fruit Jelly or Fresh Fruit	Marble Sponge Fruit Jelly or Fresh Fruit	
Friday	Option 1	Fish Fingers	Fish Bites	Fish Fingers
	Option 2	*Cheese Pizza	Veggie Nuggets	*Cheese Pizza
	served with	Skin on Fries or Pasta Baked Beans & Sweetcorn	Skin on Fries or Pasta Baked Beans & Peas	Skin on Fries or Pasta Peas & Sweetcorn
	Option 3	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans	Jacket Potato with *Cheese & Beans
Dessert	Cooks Choice	Cooks Choice	Cooks Choice	
Suitable for Vegetarians Suitable for Vegans & Vegetarians Contains Fish		All items are subject to availability All Items with * can be made Vegan Friendly www.wholeschoolmeals.co.uk		