

WHOLE SCHOOL MEALS - MENU - NOVEMBER 2021 - MARCH 2022

Weeks 22-Nov 03-Jan 24-Jan 21-Feb 14-Mar	Optn 1 Homemade Pizza (v) or Optn 2 Mexican Bean Wraps (vg)	Chicken Goujons or Spicy Tomato Pasta (vg)	Roast Pork with Apple Sauce & Gravy or Vegan Quorn Sausage & Gravy (vg)	Spaghetti Bolognese or Cauliflower & Broccoli Bake (v)	Salmon Bites or Fish Fingers or Veggie Nuggets (vg)
	Jacket Wedges & Ketchup	Crushed New Potatoes	Roast/Boiled Potatoes	Garlic Flatbread	Chips/Pasta
	Baked Beans & Peas	Broccoli & Carrots	Local Seasonal Vegetables & Cooks Choice	Mixed Vegetables & Broccoli	Baked Beans & Sweetcorn
	Dessert Iced Banana Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Raspberry Buns Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Angel Delight Mousse Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Vanilla Shortbread(vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Weeks 29-Nov 10-Jan 31-Jan 28-Feb 21-Mar	Optn 1 Macaroni Cheese (v)/Tomato Pasta(vg) or Optn 2 Veggie Stir Fry with Rice (vg) or Noodles (v)	Meatballs in Tomato Sauce or Meatless Meatballs (vg)	Roast Chicken Thigh with Stuffing & Gravy or Vegan Quorn Sausage & Gravy (vg)	Minced Beef Wellington & Gravy or Quorn Meatloaf (v)	Breaded/Battered Fish or Curried Veggie Pasty (vg)
	Garlic Dough Balls	Pasta	Roast/Boiled Potatoes	Creamed Potatoes	Chips/Pasta
	Peas & Mixed Vegetables	Broccoli & Carrots	Local Seasonal Vegetables & Cooks Choice	Cauliflower & Green Beans	Baked Beans & Peas
	Dessert Oat Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Marble Sponge Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Ice Cream/Frozen Fruit Smoothie (vg) & Fruit Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Lemon Drizzle Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Shortbread (vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Weeks 06-Dec 17-Jan 07-Feb 07-Mar 28-Mar	Optn 1 Pitta Pizza (v)	Chicken Tacos or Pulled BBQ Jackfruit (vg)	Roast Gammon & Gravy or Chickpea Pattie (vg)	Baked Sausages & Gravy or Vegan Quorn Sausage & Gravy (vg)	Fish Fingers or Veggie Nuggets (vg)
	Optn 2 Pasta Provencale (vg)	Savoury Rice	Roast/Boiled Potatoes	Creamed Potatoes	Chips/Pasta
	Herby Diced Potatoes	Carrots & Green Beans	Local Seasonal Vegetables & Cooks Choice	Swede & Broccoli	Baked Beans & Sweetcorn
	Peas & Sweetcorn				
	Dessert Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chocolate Sponge Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Frozen Fruit Smoothie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Iced Carrot Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Goopy Chocolate Biscuit Fresh Fruit/Jelly/Oaty Apple Bar (vg)