

## WHOLE SCHOOL MEALS - GLUTEN & DAIRY FREE MENU

Weeks	Monday	V GF Pizza (vegan cheese), Wedges and Baked Beans	GF cookie
7th June 2021			
28th June 2021	Tuesday	Chicken Tacos, Savoury Rice, Sweetcorn & Carrots	GF Chocolate Brownie
19th July 2021		use vegan cheese	
	Wednesday	Roast Pork & Apple Sauce, Gravy, Roast Potatoes Cabbage & Broccoli	Frozen Fruit Smoothie
	Thursday	GF Baked Sausages, Gravy, Creamed Potatoes, Green Beans & Carrots	GF Cake
		do not use milk in creamed pots	
	Friday	GF Fish, Chips ,Peas & Sweetocrn	Fruit Jelly
		V Veggie Nuggets, Chips, Peas & Sweetcorn	
Weeks	Monday	V Roasted Vegetable use GF Pasta Bake or Roasted Veggie Nachos	GF cookie
14th June 2021	-	mixed Veg and Sweetcorn use vegan cheese	
5th July 2021	Tuesday	Southern Style Chicken Chunks omit breadcrumbs, Crushed Potatoes, Carrot Batons & Peas	GF Cake
	Wednesday	Roast Turkey, Gravy, Roast Potatoes with Green Beans & Cabbage	Frozen Fruit Smoothie
	Thursday	Spaghetti Bolognese, use GF Pasta, Broccoli & Sweetcorn use vegan cheese	GF Chocolate Brownie
	Friday	GF Fish, Chips, Baked Beans or Peas	Golden Krispie Cake
Weeks 21st June 2021	Monday	Jacket Potato with Baked Beans	GF cookie
12th July 2021	Tuesday	GF Fish, Creamed Potatoes, Green Beans & Carrots	GF Cake
	Wednesday	Roasted Chicken Thigh, Gravy, Roast Potatoes, Broccoli & Swede	Frozen Fruit Smoothie
	Thursday	GF Pasta with Bolognese, Mixed vegetables & Peas use vegan cheese	GF Chocolate Brownie
	Friday	GF Sausage, Chips, Baked Beans or Sweetcorn	Frozen Fruit Smoothie

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