




Menu- Dairy Free - October 2025 - March 2026

		Week One	Week Two	Week Three
		27/10, 17/11, 08/12, 09/01, 26/01, 23/02, 16/03	03/11, 24/11, 12/01, 02/02, 02/03, 23/03	10/11, 01/12, 19/01, 09/03, 30/03
Monday	Option 1	Vegetable Pasta Bake	Mixed Bean Wrap	Tomato Pasta
	served with	Garlic Bread Mixed Vegetables	Pasta Peas & Sweetcorn	Garlic Dough Balls Mixed Vegetables
	Option 3	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
	Dessert	Fresh Fruit Salad Fruit Jelly or Fresh Fruit	Fresh Fruit Salad Fruit Jelly or Fresh Fruit	Fresh Fruit Salad Fruit Jelly or Fresh Fruit
Tuesday	Option 1	Beef Tacos (Omit Cheese)	Chicken Tacos (Omit Cheese)	Mexican Beef Wrap
	Option 2	Veggie Burrito	Sweet Potato & Spinach Dhal	Veggie Tacos
	served with	Vegetable Rice Carrots & Green Beans	Savoury Rice Broccoli & Mixed Vegetables	Pasta Carrots & Peas
	Option 3	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Wednesday	Option 1	Roast Chicken, Stuffing & Gravy	Roast Pork & Gravy	Sausages & Gravy
	Option 2	Chickpea & Vegetable Tart	Veggie Meatloaf	Quorn Sausage & Gravy
	served with	Skin on Roast Potatoes Swede & Sweetcorn	Skin on Roast Potatoes Cabbage & Peas	Mashed Potato Sweetcorn & Baked Beans
	Option 3	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Thursday	Option 1	Pork Meatballs	Beef Bolognese	Curried Chicken Chunks
	Option 2	Meatless Meatballs	Veggie Bolognese	
	served with	Pasta Broccoli & Carrots	Pasta Carrots & Sweetcorn	Rainbow Rice Cauliflower & Peas
	Option 3	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Friday	Option 1	Fish Fingers	Fish Bites	Fish Fingers
	Option 2		Veggie Nuggets	
	served with	Skin on Fries or Pasta Baked Beans & Sweetcorn	Skin on Fries or Pasta Baked Beans & Peas	Skin on Fries or Pasta Peas & Sweetcorn
	Option 3	Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato with Beans
Friday	Dessert	Cooks Choice	Cooks Choice	Cooks Choice

 Suitable for Vegetarians	<p>All items are subject to availability</p> <p>All Items with * can be made Vegan Friendly</p> <p>www.wholeschoolmeals.co.uk</p>
 Suitable for Vegans & Vegetarians	
 Contains Fish	