whole school meals		Menu- Dairy Free - October 2025 - March 2026					
		Week One		Week Two		Week Three	
RE	AL FOOD FOR REAL ENERGY	27/10, 17,11, 08/12, 09/01, 26/01, 23/02, 16/0	3 03/1	1, 24/11, 12/01, 02/02, 02/03,	23/03	10/11, 01/12, 19/01, 09/03, 30/03	
Monday	Option 1	99	3	Mixed Bean Wrap	9	Tomato Pasta	
	served with	Garlic Bread Mixed Vegetables		Pasta Peas & Sweetcorn		Garlic Dough Balls Mixed Vegetables	
	Option 3	Jacket Potato with Beans	<b>&amp;</b> Ja	cket Potato with Beans		Jacket Potato with Beans	26
	Dessert		<b>≗</b> F	Fresh Fruit Salad ruit Jelly or Fresh Fruit		Fresh Fruit Salad Fruit Jelly or Fresh Fruit	
Fuesday	Option 1 Option 2	Beef Tacos (Omit Cheese)  Veggie Burrito		nicken Tacos (Omit Cheese) et Potato & Spinach Dha	il <b>3</b>	Mexican Beef Wrap Veggie Tacos	
	served with	Vegetable Rice Carrots & Green Beans	Broo	Savoury Rice ccoli & Mixed Vegetables	S	Pasta Carrots & Peas	
	Option 3	Jacket Potato with Beans	Ja	cket Potato with Beans	(Alba)	Jacket Potato with Beans	96
	Dessert	Carrot Cake	<u> </u>	Chocolate Cake	<b>6</b>	Iced Cookie Bun	26
		Fruit Jelly or Fresh Fruit	<b>S</b>	ruit Jelly or Fresh Fruit		Fruit Jelly or Fresh Fruit	9
Wednesday	Option 1	Roast Chicken, Stuffing & Gravy		Roast Pork & Gravy		Sausages & Gravy	
	Option 2	Chickpea & Vegetable Tart		Veggie Meatloaf		Quorn Sausage & Gravy	8
	served with	Skin on Roast Potatoes Swede & Sweetcorn	S	kin on Roast Potatoes Cabbage & Peas		Mashed Potato Sweetcorn & Baked Beans	
	Option 3	Jacket Fotato With Bearis		cket Potato with Beans	<u> </u>	Jacket Potato with Beans	<b>93</b>
	Dessert		F	Shrewsbury Biscuit ruit Jelly or Fresh Fruit	8	Oat Cookie Fruit Jelly or Fresh Fruit	8
Thursday	Option 1	Pork Meatballs		Beef Bolognese		Curried Chicken Chunks	
	Option 2	Meatless Meatballs		Veggie Bolognese	8		<u> </u>
	served with	Pasta Broccoli & Carrots		Pasta Carrots & Sweetcorn		Rainbow Rice Cauliflower & Peas	
	Option 3	Jacket Potato with Beans	Ja	cket Potato with Beans	23	Jacket Potato with Beans	<u> </u>
	Dessert	<b>Lemon Cake</b> Fruit Jelly or Fresh Fruit	<b>⇔</b> F	Chelsea Buns ruit Jelly or Fresh Fruit	8	Marble Sponge Fruit Jelly or Fresh Fruit	
Friday	Option 1 Option 2	Fish Fingers		Fish Bites Veggie Nuggets	<b>*</b>	Fish Fingers	
	served with	Skin on Fries or Pasta Baked Beans & Sweetcorn		Skin on Fries or Pasta Baked Beans & Peas		Skin on Fries or Pasta Peas & Sweetcorn	
	Option 3	Jacket Potato with Beans	<b>J</b> a	cket Potato with Beans	<u> </u>	Jacket Potato with Beans	<u> </u>
	Dessert	Cooks Choice		Cooks Choice		Cooks Choice	
Q (Section)	Suitable for Vegetarians			All items are subject to availability			
VEGAN	Suitable for Vegans & Vegetarians			All Items with * can be made Vegan Friendly			
	Contains Fish			www.wholeschoolmeals.co.uk			
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