



# EASTRY C OF E PRIMARY SCHOOL KNOWLEDGE ORGANISERS



<b>YEAR GROUP</b>	1
<b>SUBJECT</b>	PSHE
<b>KEY VOCABULARY</b>	<p>Safe, Special, Calm, Belonging, Special, Rights, Responsibilities, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed</p> <p>Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Unique.</p> <p>Proud, Success, Achievement, Goal, Goal, Learning, Stepping-stones, Process, Working together, Team work, Learning, Challenge, Feelings, Obstacle, Overcome, Achieve, Dreams, Goals.</p> <p>Healthy, Unhealthy, Balanced, Exercise, Clean, Body parts, Keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Trust, Safe, Safety, Green Cross Code</p> <p>Family, Belong, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Feel, Texture, Like, Dislike, Help, Helpful, Community, Feelings, Confidence, Praise, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate.</p> <p>Changes, Life cycles, Baby, Adult, Adulthood, Grown-up, Mature, Male, Female, Vagina, Penis, Testicles, Vulva, Anus, New, Grow, Feelings, Anxious, Worried, Excited, Coping.</p>
<b>END POINTS KNOWLEDGE</b>	<p>I understand the rights and responsibilities of a member of a class</p> <p>I understand that their views are important</p> <ul style="list-style-type: none"> <li>• I understand that their choices have consequences</li> </ul> <p>I understand their own rights and responsibilities with their classroom</p> <p>I know that I am special and safe in my class</p> <ul style="list-style-type: none"> <li>• I know that people have differences and similarities</li> <li>• I now what bullying means who to tell if they or someone else is being bullied or is feeling unhappy.</li> <li>• I know skills to make friendships</li> </ul> <p>I know that people are unique and that it is OK to be different.</p> <p>I know how to set simple goals and how to achieve a goal</p> <ul style="list-style-type: none"> <li>• I know how to work well with a partner</li> <li>• I know that tackling a challenge can stretch my learning</li> <li>• I know how to identify obstacles which make achieving their goals difficult and work out how to overcome them</li> </ul>



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	<p>I know when a goal has been achieved</p> <p>I can recognise my own feelings when faced with a challenge or obstacle</p> <p>I know the difference between being healthy and unhealthy</p> <p>I know some ways to keep healthy and I know how to make healthy lifestyle choices</p> <p>I know how to keep themselves clean and healthy</p> <p>I know that germs cause disease / illness</p> <p>I know that all household products, including medicines, can be harmful if not used properly</p> <p>I know that medicines can help them if they feel poorly</p> <p>I know how to keep safe when crossing the road</p> <p>I know about people who can keep them safe</p> <p>I know that everyone's family is different</p> <p>I know that there are lots of different types of families</p> <p>I know that families are founded on belonging, love and care</p> <p>I know how to make a friend</p> <p>I know the characteristics of healthy and safe friends</p> <p>I know that physical contact can be used as a greeting</p> <p>I know about the different people in the school community and how they help</p> <p>I know who to ask for help in the school community</p> <p>I know I am special.</p> <p>I can show skills of friendship and I know how to be a good friend.</p> <p>I know how to express myself and how to say no to things I don't like</p> <p>I know that animals including humans have a life cycle</p> <p>I know that changes happen when we grow up</p> <p>I know that people grow up at different rates and that is normal</p> <p>I know the names of male and female private body parts</p> <p>I know that there are correct names for private body parts and nicknames, and when to use them</p> <p>I know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these</p> <p>I know who to ask for help if they are worried or frightened</p> <p>I know that learning brings about change</p> <p>I understand that change is a natural part of getting older and can suggest ways to manage change.</p>
<p><b>IT HELPS IF I ALREADY KNOW</b></p>	<p>I can behave as part of a class team. (sports day)</p> <p>I can show confidence in new social situations.</p> <p>I can play as part of a group, collaboratively and building upon others ideas.</p> <p>I can accept disappointments in games.</p>



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I can find a solution to a conflict.  
I know the school rules.  
I can follow the rules of the classroom.  
I can talk about my feelings and express them. (reflection zone)  
I know how to express my feelings.  
I know how other children may be feeling.  
I know other people will have a different perspective to myself.  
I see myself as valuable, important and wanted.  
I know how to build a friendly relationship.  
I know to keep persevering when I find something difficult.