



# EASTRY C OF E PRIMARY SCHOOL KNOWLEDGE ORGANISERS



<b>YEAR GROUP</b>	2
<b>SUBJECT</b>	PSHE
<b>KEY VOCABULARY</b>	<p>Worries, Hopes, Fears, Belonging, Rights, Responsibilities, Responsible, Actions, Praise, Reward, Consequence, Positive, Negative, Choices, Co-Operate, Learning Charter, Problem-Solving</p> <p>Boys, Girls, Similarities, Assumptions, Shield, Stereotypes, Special, Differences, Bully, Purpose, Kind, Unkind, Feelings, Sad, Lonely, Help, Stand up for, Male, Female, Diversity, Fairness, Kindness, Friends, Unique, Value.</p> <p>Realistic, Proud, Success, Celebrate, Achievement, Goal, Strength, Persevere, Challenge, Difficult, Easy, Learning Together, Partner, Team work, Product.</p> <p>Healthy choices, Lifestyle, Motivation, Relax, Relaxation, Tense, Calm, Healthy, Unhealthy, Dangerous, Medicines, Safe, Body, Balanced diet, Portion, Proportion, Energy, Fuel, Nutritious.</p> <p>Family, Different, Similarities, Special, Relationship, Important, Co-operate, Touch, Physical contact, Communication, Hugs, Like, Dislike, Acceptable, Not acceptable, Friends, Conflict, Point of view, Positive problem solving, Secret, Surprise, Good secret, Worry secret, Telling, Adult, Trust, Happy, Sad, Frightened, Trust, Trustworthy, Honesty, Reliability, Compliments, Celebrate, Appreciate.</p>
<b>END POINTS KNOWLEDGE</b>	<p>I know there are stereotypes about boys and girls</p> <p>I know that it is OK not to conform to gender stereotypes</p> <p>I know it is good to be yourself</p> <p>I know that sometimes people get bullied because of difference</p> <p>I know the difference between right and wrong and the role that choice has to play in this</p> <p>I know that friends can be different and still be friends</p> <p>I know where to get help if being bullied</p> <p>I know the difference between a one-off incident and bullying</p> <p>I know how to choose a realistic goal and think about how to achieve it</p> <p>I know that it is important to persevere</p> <p>I know how to recognise what working together well looks like</p> <p>I know what good group working looks like</p> <p>I know how to share success with other people</p> <p>I know what their body needs to stay healthy</p> <p>I know what relaxed means</p> <p>I know how medicines work in their bodies</p> <p>I know that it is important to use medicines safely • Know how to make some healthy snacks &amp; why they</p> <p>I know which foods given their bodies energy</p>



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## IT HELPS IF I ALREADY KNOW

I understand the rights and responsibilities of a member of a class

I understand that their views are important

- I understand that their choices have consequences

I understand their own rights and responsibilities with their classroom

I know that I am special and safe in my class

- I know that people have differences and similarities
- I know what bullying means who to tell if they or someone else is being bullied or is feeling unhappy.
- I know skills to make friendships

I know that people are unique and that it is OK to be different.

I know how to set simple goals and how to achieve a goal

- I know how to work well with a partner
- I know that tackling a challenge can stretch my learning
- I know how to identify obstacles which make achieving their goals difficult and work out how to overcome them

I know when a goal has been achieved

I can recognise my own feelings when faced with a challenge or obstacle

I know the difference between being healthy and unhealthy

I know some ways to keep healthy and I know how to make healthy lifestyle choices

I know how to keep themselves clean and healthy

I know that germs cause disease / illness

I know that all household products, including medicines, can be harmful if not used properly

I know that medicines can help them if they feel poorly

I know how to keep safe when crossing the road

I know about people who can keep them safe

I know that everyone's family is different

I know that there are lots of different types of families

I know that families are founded on belonging, love and care

I know how to make a friend

I know the characteristics of healthy and safe friends

I know that physical contact can be used as a greeting



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I know about the different people in the school community and how they help  
I know who to ask for help in the school community  
I know I am special.  
I can show skills of friendship and I know how to be a good friend.  
I know how to express myself and how to say no to things I don't like  
I know that animals including humans have a life cycle  
I know that changes happen when we grow up  
I know that people grow up at different rates and that is normal  
I know the names of male and female private body parts  
I know that there are correct names for private body parts and nicknames, and when to use them  
I know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these  
I know who to ask for help if they are worried or frightened  
I know that learning brings about change  
I understand that change is a natural part of getting older and can suggest ways to manage change.