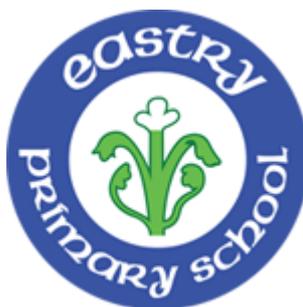


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EASTRY CHURCH OF ENGLAND
PRIMARY SCHOOL
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CT13 0LR

23rd February 2026

Dear parent/carer,

This school year we are using our new PSHE scheme of work – EC publishing to deliver our PSHE lessons.

The lessons since September, have built children’s emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way, building on previous learning about relationships and the wider world.

During this term, year 6 children will be following the unit entitled “conception and puberty.”

The conception and puberty unit thinks about how our feelings and bodies may change at a basic level as well as further lessons to help children understand the changes puberty and hormones bring, and how conception occurs.

We hope you agree with us that this learning is vitally important for children and that it needs to be done in an age-appropriate way. The EC publishing programme gives us a secure framework which builds on small steps year on year to deliver this learning. The EC publishing programme, process and resources are in accordance with the statutory Government programme of RSE (Relationship and Sex education).

We do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. In September 2020, the Government made Relationships Education and Health Education statutory for all primary schools, and therefore children cannot be withdrawn from all parts of their learning. However, I hope you can see how EC publishing deals with this subject in a sympathetic and sensitive manner which is built on a solid foundation of age-appropriate learning and statutory guidance

In addition to this, we hope you, like us, will see the materials in our PSHE scheme as educationally sound and beneficial to our children and I have included with this letter a summary of the learning in Year 6. We are also offering a ‘drop in’ session on Friday, 27th February at 3.15pm should you wish to view the resources we will be using to deliver this lesson to Year 6 children this term.

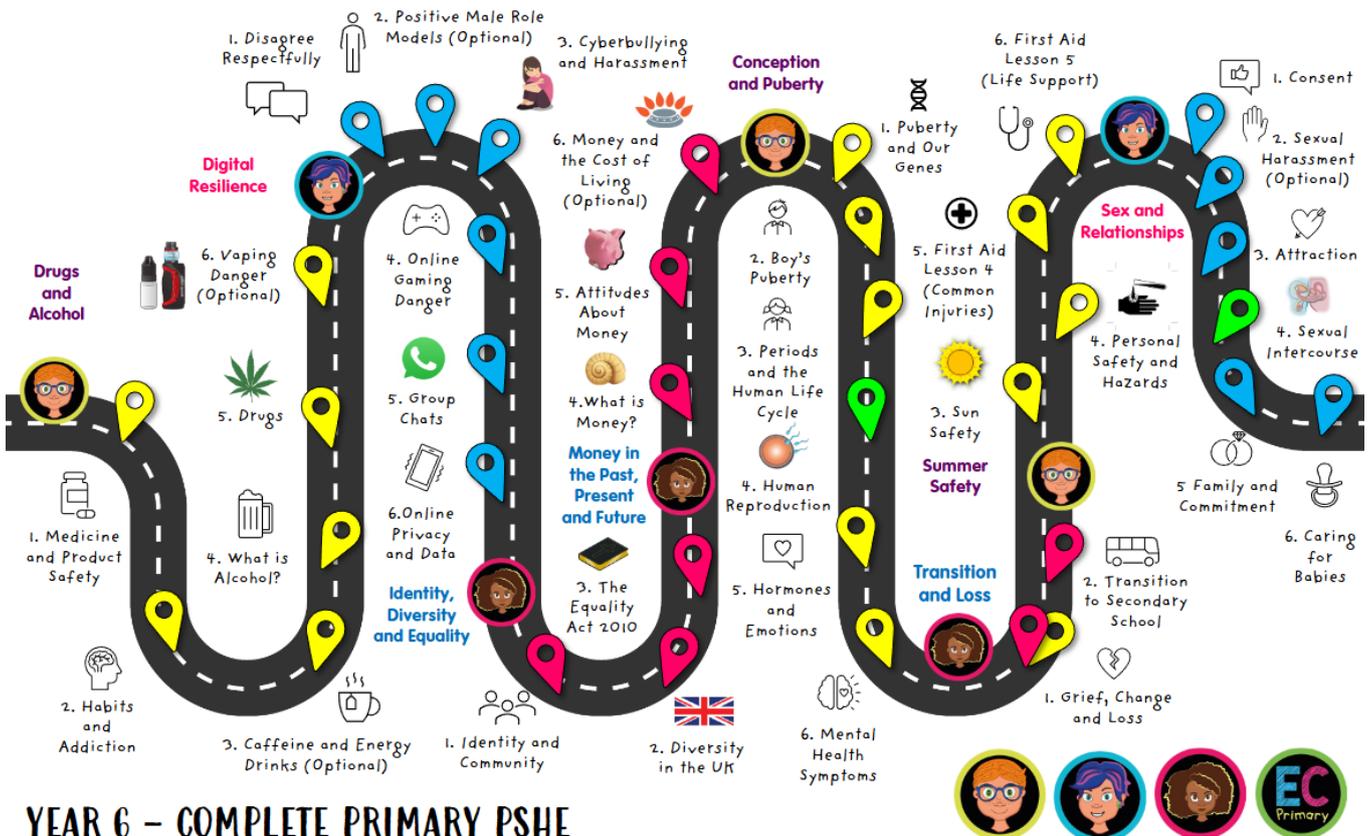
If you have any questions or need any extra information, please feel free to ask your child’s teacher or contact me through the office.

Kind regards,

Jackie Davies
PSHE lead



Autumn 1 Autumn 2 Spring 1 Spring 2 Summer 1 Summer 2



YEAR 6 – COMPLETE PRIMARY PSHE

SPRING 2 – HEALTH AND WELLBEING 2

- 1) Puberty and Our Genes
- 2) Boys' puberty
- 3) Girls' puberty (Puberty, Periods and the Human Life Cycle)
- 4) Human Reproduction (Sex-Ed Part I – Conception)
- 5) Hormones and Emotions
- 6) Mental Health Symptoms