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EASTRY CHURCH OF ENGLAND
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Monday 22nd June 2026

Dear Parents and Carers,

Hot weather

As you are aware we have been experiencing high temperatures in our region and we have a heat warning this week. As a school we follow the DfE recommendations including the following statement: 'We aren't advising schools to close during high temperatures, but school leaders should make sure they take any steps necessary to make sure children are comfortable.'

As parents, you can help us in this by:

- Sending your child to school in loose, light-coloured summer uniform or PE kit.
- Send your child with a sunhat with a wide brim.
- On forest school days the children can wear loose light coloured clothing. Long sleeves and trousers (loose and thin) can be changed into for this session only when the canopy of the trees lowers the temperature too. If the children do not have long sleeves or trousers then we will adapt the activities they are accessing for example no tree climbing.
- Sending your child to school with sunscreen (at least factor 30 with UVA protection).
- Sending your child in with a water bottle with water (which will be refilled when drunk).

Please be reassured that the school will take every step possible to keep our pupils safe, comfortable and well during hot weather. As advised by the DfE our measures will include:

- Keeping the pupils indoors/in the shade during the hottest parts of the day.
- Offering the pupils lots of water and encouraging them to drink more than usual.
- Limiting vigorous physical activity.
- Opening windows as early as possible in the morning before the pupils arrive.
- Closing indoor blinds, without letting them block window ventilation
- Ensuring our first aiders and all staff aware of the signs and treatment of heat-related illness.

We thank you for your support in this matter.

Kind regards,

A handwritten signature in blue ink that reads 'S Moss'.

Sarah Moss
Headteacher