

WEEKLY NEWSLETTER

Friday 5th December 2025



**ECCLESTON
PRIMARY SCHOOL**
incorporating
Beechbuds Pre-School



**EVERY DAY IS AN
OPEN DAY**

COME AND SEE WHAT
MAKES US SPECIAL-
any day of the week!

Just give us a call
on **01257 451 114**

'Inspiring independent learners to thrive in a changing world'

Ofsted
Good
Provider

To find out more information please email
hello@eccleston.lancs.sch.uk

You can find out all about Eccleston Primary School
on our website www.ecclestonprimary.co.uk

resilience
resourcefulness
kindness
fairness
relationships

WEEKLY UPDATE

What a fabulous week! Firstly, a huge thank you to everyone in our wonderful FEPs team, who made the Christmas Fair such a magical event. It is an incredibly busy time of year and we are grateful for your support around all of the festivities ahead.

Parent Forum is coming up - Friday 12th December at 2:30pm.

Here is the agenda with some links if you wanted to pre-read before the meeting:

- **No Outsiders** - discussion around content and how we intend to use the material in the spring term - <https://no-outsiders.com/>
- **Online Safety** - discussion around the best way to support families, in the most accessible way. We will discuss some content and talk through the most effective approaches to share more widely with the school community - Parent Safe <https://parentsafe.lgfl.net/>
- **After School and Breakfast club** - discussion around payment options to ensure families can secure the places they require to potentially give more peace of mind.

Have a lovely weekend.

Mr Craig Todd

Star of the Week

Beechbuds – **Patrick G**

Reception – **Maggie B**

Year 1 – **Joshua T**

Year 2 – **Olivia K**

Year 3 – **Lylah M**

Year 4 – **Samuel B**

Year 5 – **Brooke B**

Year 6 – **Isabella G**

ARBOR LOGIN REMINDER

Thank you to all parents who have logged on to Arbor - **54%** of families have accessed the system so far.

If you haven't logged in yet, please look out for the Arbor setup email with instructions. If you need any help, please contact the school office.

Thank you for your cooperation.



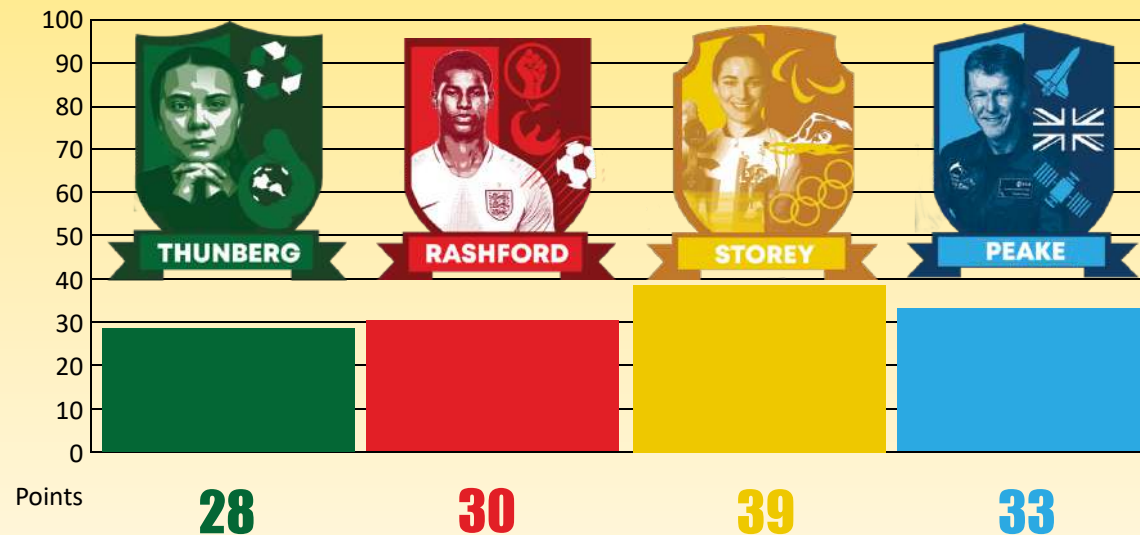
Eccleston Primary School, Doctor's Lane, Eccleston, Chorley PR7 5RA

Tel: 01257 451 114 | Email: hello@eccleston.lancs.sch.uk | Website: www.ecclestonprimary.net



HOUSE POINTS

House to reach 50, 100 and 150 points will receive a special treat!



READERS OF THE WEEK

Well done to all the children that won Reader of the Week today! Please can we remind everyone to take great care of their home reading books so they remain in good condition. Please return your reading bag with reading pal and book by next Thursday. Thank you.

Please don't forget to send your pictures and comments to wearereaders@eccleston.lancs.sch.uk



BEHAVIOUR CURRICULUM

Be Respectful • Be Responsible • Be Safe

Excellent Walking

Children know that we walk around school using Excellent Walking.

Children know that Excellent Walking means:

- Calmly
- Quietly
- Single file

We know Excellent Walking is used around school to keep everyone safe and to ensure that the learning of other children is not disrupted as we move around school.

After School Clubs Autumn 2 03/11/25 – 18/12/25



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	DEBATE CLUB – Y1-2 5 weeks – Mr Todd 03/11/2025 – 01/12/2025	CHOIR – Y3-6 On Going – Mrs Lancaster		JUGGLING – Y4 5 weeks – Mrs Mansfield 06/11/2025 – 04/12/2025	
After School Club	HANDBALL – Y5-6 5 weeks – Mrs Hodgson Cancelled until further notice 15/12/2025 CHRISTMAS DECORATION CLUB Y6 6 weeks – Mrs Hodgson 03/11/2025 – 08/12/2025	CHRISTMAS CRAFTS Y2 6 weeks – Miss Mackey 04/11/2025 – 16/12/2025 Please note this club will not be on 25 th November	TAEKWONDO YR-6 On Going – Eddie Ellison FRENCH CLUB YR-6 This term till 10/12/25 – Mrs Roden	BASKETBALL – Y5-6 6 weeks – Mrs Mansfield Cancelled until further notice 11/12/2025 SPANISH CLUB YR-6 This term till 11/12/25 – Mrs Roden	GIRLS FOOTBALL – Y5-6 Cancelled until further notice Chorley Sports 07/11/2025 – 12/12/2025



SCHOOL ATTENDANCE

The National average for attendance is 96%

Our school attendance target is 97%.

whole school 93.24%

Class	This week
Reception	89.7%
Year 1	90.3%
Year 2	94.2%
Year 3	94.2%
Year 4	93.1%
Year 5	98.8%
Year 6	91.8%

Well done **Year 5** for excellent attendance this week! Chip is looking forward to accompanying you in class.



CHOIR

THE CARRINGTON CENTRE

9th December at 1.15pm

SCHOOL COUNCIL CHRISTMAS WALK

15th December at 11.30am


Our School Council will be walking around the village for an hour to spread some Christmas cheer. School Council children may bring a Christmas hat, and everyone is welcome to come along and see us!

SCHOOL LUNCH MENU

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Homemade Italian Style Pizza served with Wedges	Toad in the hole with Mash	Chicken Tikka served on a bed of Rice with Naan Bread		Battered Cod fillet
MAIN DISH 2	Mac and Cheese with a Garlic Slice	Cheese and Potato Swirls served with Baked Beans	Homemade Lasagne	Christmas Dinner Day 	Sausage Roll Chicken Goujons
ACCOMPANIMENTS 	Sweetcorn Baton Carrots Salad bar	Baton carrots Green Beans Salad bar	Baked Beans Sweetcorn Salad bar	Tasty Roasties & Colourful Veg	Fries Curry sauce Baked beans Sweetcorn Salad bar
DESSERTS	Homemade Sponge Cake of the week with Custard	Flapjack	Raspberry Buns	Selection of Christmas Desserts	Fresh fruit Friday
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt		Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket Potato and Sandwich selection	Jacket Potato and Sandwich selection	Jacket Potato and Sandwich selection	 	Sandwich selection

 **MENU**

Fuel your afternoon with a healthy school lunch from Mellors

KEY  - 1 OF YOUR 5 A DAY

 - MEAT FREE

- MEAT-FREE MONDAY

 - CHEF'S CHOICE

 - PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.



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SCHOOL ADMISSIONS PRIMARY

APPLY NOW!

at lancashire.gov.uk/schools

School and Academy places September 2026

You must apply if your child has a 4th birthday between 1 September 2025 and 31 August 2026.

You must apply even if an older brother or sister is already at the school, or the school is linked to your child's nursery.

If you're a non-Lancashire resident apply through your own local authority.

Please read the admission criteria for your chosen schools on the website or get a copy from them.

CLOSING DATE
15 January 2026

lancashire.gov.uk

School transport

If travel cost is an important factor in your school preference, search 'school transport' at lancashire.gov.uk or scan the QR code.

Lancashire County Council

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children, whom they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guidance and support for all ages.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

- 1. GET CONNECTED**
Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as keeping an eye on who your child is communicating with in the digital world.
- 2. KEEP TALKING**
Regular chats with young people about their online life are good practice in general, but they can also be an excellent opportunity to help prevent cyber-bullying situations. Explain you might want to revisit this because it's important to only connect online with people we know and trust, and any passwords should always remain secret (even from our best friends).
- 3. STAY VIGILANT**
Observe your child while they're using technology and just after they've used it. Are they acting nervous, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumping on things, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.
- 4. MAKE YOURSELF AVAILABLE**
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to in case they feel too embarrassed to tell you directly.
- 5. BE PREPARED TO LISTEN**
When conversations about online bullying do take place, they're likely to be difficult, emotional and potentially on both sides. It's important to actively listen to your child and try not to show any judgement or criticism, even if they haven't dealt with the situation in exactly the way you would have hoped.
- 6. EMPOWER YOUR CHILD**
Depending on their age, your child might not want a parent "fighting their battles for them". In that case, start by giving them options with them (blocking the perpetrator, deleting the app and so on), by allowing your child to choose the best way to respond. Encourage them to report the behaviour and seek help from someone they trust to support them along the way.
- 7. REPORT BULLIES ONLINE**
Cyber-bullying often takes place through a profiled app, social media platform or online game. If it is happening to your child, encourage them to report the behaviour – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect vulnerable users.
- 8. ENCOURAGE EMPATHY**
Protecting themselves online is the priority, of course, but young people should also feel empowered to help others witness cyber-bullying. Even if they don't feel confident enough to do someone out on their abusive behaviour online, they can at least confidentially report that person to the app or game where the bullying occurred.
- 9. SEEK EXPERT ADVICE**
Victims of online bullying frequently experience feelings of isolation and anxiety, loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.
- 10. INVOLVE THE AUTHORITIES**
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs of self-harm or suicidal thoughts being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to:

- Childline** talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/
- National Bullying Helpline** – counsellors are available on 0845 225 5737 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

the NSPCC – the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-to-do-if-bullying-happens/cyberbullying/ and can be reached on 0800 800 5000

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and delivered online-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

NOS National Online Safety

#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.11.2022

