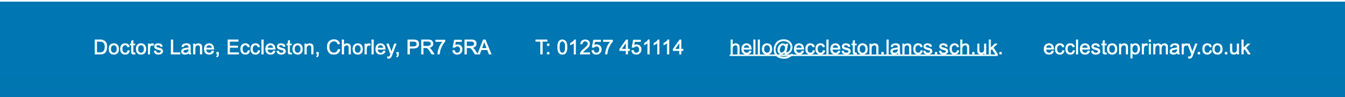
**Headteacher: Mr Craig Todd**

Deputy Headteacher: Mrs Kate Cranage - Early Years Leader: Mrs Kayleigh Thomas - SENDCO: Mrs Rachael Davies



Friday 5th September 2025

Dear Parents and Carers,

As part of our commitment to promoting healthy eating habits and ensuring a safe and inclusive environment for all pupils, we would like to remind families about our school’s approach to snacks. As ever, we endeavour to engage with parents regarding school changes and would therefore like to take this opportunity to expand the breaktime snacks that pupils are welcome to bring to school.

We kindly ask that snacks are healthy options such as:

* A portion of fruit
* Vegetables (not peas)
* Buttered (dairy free) toast without spreads
* Plain breadsticks (not sesame)
* Plain crackers.

Please do not send sweets and/or chocolate bars.

Additionally, we are a nut-free school due to allergies among pupils. Please ensure that any snacks brought in do not contain nuts or nut products. A number of our children have severe allergies, some airborne, to the following foods:

* peanuts
* fish
* lentils
* chickpeas
* eggs
* peas – including pea flour (often found in gluten free products, so please check)
* sesame.

We ask that you are mindful that the snacks your children bring, do not contain these foods. Thank you for your continued support in helping us maintain a healthy and safe school environment for all our children.

Kind regards

Craig Todd

Headteacher