

RESILIENCE REVOLUTION-BLACKPOOL HEADSTART PROGRAMME

Participant Information Sheet: Young people- survey

Your school is involved in the Resilience Revolution, a whole-town approach that aims to make Blackpool a more resilient town to grow up and live in. We are using a resilience definition, which is about “beating the odds whilst also changing the odds” (Hart et al., 2013; 2016). We are researching if the Resilience Revolution has been successful in working towards its aim and to understand if the approach works well. As part of our research, we are measuring wellbeing in young people in primary and secondary schools over a three-year period.

It is important that you understand why the research is being done and what it will involve. Please take time to read this sheet and talk about it with your family and friends if you wish. If you are not able to read this sheet for any reason then please ask someone in school to help. Please text us on 07305753811 if there is anything that is not clear or if you would like to find out more.

What are we trying to find out?

The Resilience Revolution works with the whole town, and aims to build resilience. We want to make sure that young people and their families are offered the right support at the right time and in the right place. Through building resilience, we hope to increase wellbeing and improve mental health. We want to achieve this in the best way possible for Blackpool young people and families, so we need to know what works and what doesn't.

Where will be the research conducted?

In primary and secondary schools in Blackpool.

What is the duration of the research?

From November 2021 to May 2022.

Who will conduct the research?

The Resilience Revolution involves many people and organisations. This research is being carried out through a partnership between Blackpool Council and the University of Brighton.

Why have I been invited?

Your school is part of the Resilience Revolution and has agreed to take part in this study. You are in the last year of primary school and all year 6 pupils in Blackpool are invited to take part.

Do I have to take part?

No, you do not have to take part but we would be very grateful if you did. If you decide to take part, you can change your mind at any time without giving a reason or refuse to do bits of it that you are not keen on.

What will happen to me if I take part?

You and other pupils will be asked to answer some questions at school. This is to understand how young people your age feel about their school, friends, and themselves. It will take about 40 minutes.

What are the possible disadvantages and risks of taking part?

It is very unlikely that there will be any risk or disadvantage to taking part – but it is possible that you may feel upset when you complete the survey. If you become upset we will make sure that there is someone you can trust to talk to. If any of the survey questions are difficult for you it's okay to not answer them or to decide to stop the survey at any time

What are the benefits?

With your help we can find out if activities have been helpful and what support could help young people in the future. You will find out the results, which we hope will build the resilience and wellbeing of children in your school, in Blackpool and in other places.

What will happen if I don't want to carry on with the research study?

You can change your mind at any time. It will not change the support you receive or your involvement in other Resilience Revolution activities. We will remove all the information you gave us if you contact us within 2 weeks of doing the survey. After two weeks it is likely that we will have started analysing the survey results, in this case we will only use the information you shared with us up until the time you decided to no longer take part.

Will my information be kept confidential?

We will keep any personal information confidential following the law in England.

What will happen to the results of the research study?

We will report the result of the survey after linking it to other information from Blackpool Council about schools. We will publish the results in research reports and present at conferences and community events. You will not be identified in any report/publication.

What if there is a problem?

If you have a problem with the research please contact the HeadStart Blackpool office (see below).

Who has reviewed the research study?

This research study has been reviewed and approved by the Life, Health and Physical Sciences Cross-School Research Ethics Committee at the University of Brighton.

Contact Details:

HeadStart Blackpool – 01253 476746 (please ask for the research team); headstart@blackpool.gov.uk

Research team- Dr Buket Kara, University of Brighton; b.kara@brighton.ac.uk