

# Educational Diversity

Spring 1  
January 2025  
Issue 3

## SEND Newsletter



Happy New Year to all of our pupils, parents and carers.  
Thank you for all of your support in my first term  
as SENDCo.

### SENDCo's Student Recognition board

Dolton for engaging in discussions maturely.

Jamie for challenging himself.

Lexi for answering questions.

Dillon for asking questions.

Charlotte for growing in confidence!

Skye for enthusiasm in first aid.

Kenzie for improved engagement.

Bobby for enthusiasm at the panto!

Kenzie T for resilience in exams!

Abi for being polite and friendly.

Haydon for mature attitude in exams!

**Ready,  
Respectful,  
Safe**

**Mental  
Health  
matters**



Friday 17th January @ The  
Grange 9.30-10.30am

Pop in for an informal brew and chat with our  
SENDCo and SEND Information and Advisory  
Service.

Happy Talk- our new Speech and Language  
team will also attend to answer any queries  
you may have.

The Primary Mental Health team will also be  
offering information about early intervention  
and emotional health and wellbeing support for  
children and young people.

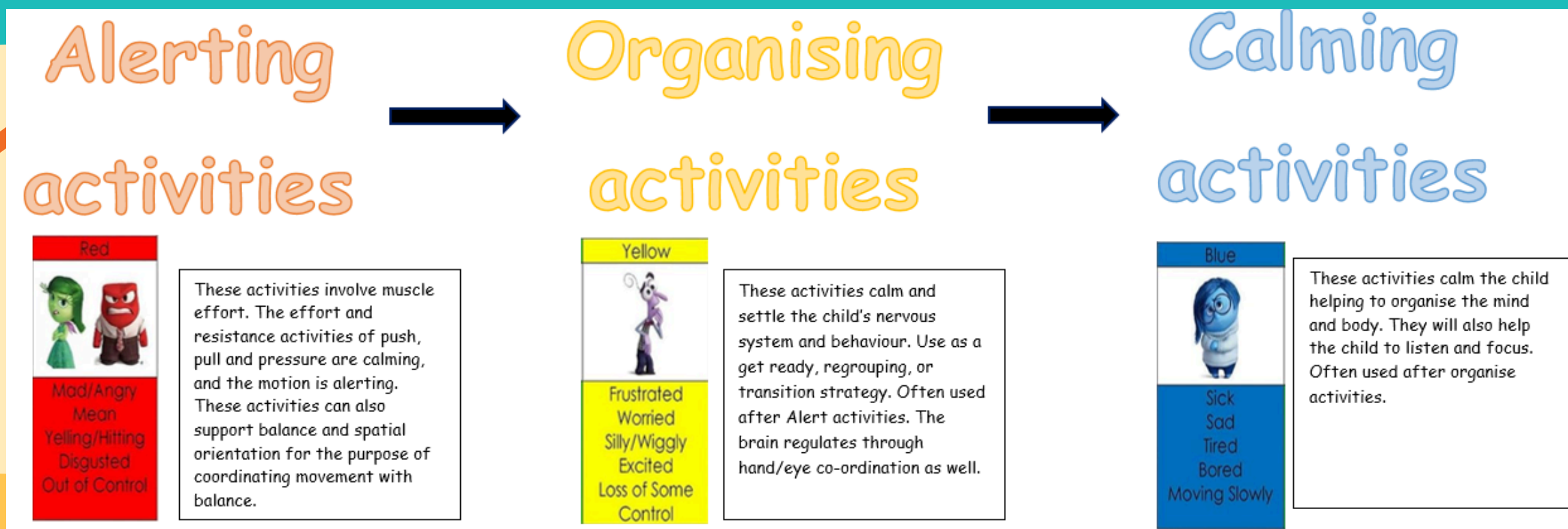






Blackpool SENDIASS Special Educational Needs and Disability (SEND) Information, Advice Support Service (IASS) exists to help parents and carers of children who have, or may have, special educational needs and/or disabilities; and children and young people themselves, in matters relating to their Education, Health or Social Care provision.

SENDIAS services are tailored to your individual needs and are both personal and confidential.



## Sensory regulation

As part of our recent CPD, staff have all taking part in sensory regulation training.

There are seven sensory systems that need to be met; touch, smell, hearing, taste, sight, vestibular and proprioceptive.

Staff have developed an understanding of neuroscience; the science behind how the brain processes sensory information to help regulate. We need to regulate in order to relate to others and build relationships, as well as ensuring that we can learn, problem solve and think logically.

Sensory circuits are a proactive way of ensuring these needs are met. They alert the senses and support the brains ability to process the information. A sensory circuit is made up of; Alerting activities, organising activities and calming activities.

Dr Siegel's Hand model of the brain

## Sensory circuit ideas!

### Alerting activities

- bike ride
- go for a swim
- trampet
- swing
- session at the gym
- football game
- game of tennis

### Organising activities

- tidy your room
- help with the washing up
- help with the shopping
- game of snooker/pool
- paly a game; cards, monopoly, connect four, jenga

### Calming Activities

- Having a bath
- Listen to music
- mindfulness colouring
- Read a book
- watch a film

